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Roundabout talk revolves around cyclists

North Park Street.

Residents say design inconvenient in places, worry about omission of dedicated bike lane



RUTH
DAVENPORT

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Concerns about the safety of cyclists were top of mind for several dozen residents who attended a public discussion on the pending overhaul of North Park Street.

HRM has proposed replacing the intersections at either end of the street with roundabouts, citing safer, more efficient traffic management.

"We only need one lane of traffic in each direction," said design engineer Anne Sherwood. "We have room for light-

ing, trees, for active transportation infrastructure."

But cyclists who attended Thursday's meeting at the Halifax Forum were concerned about several design aspects.

In particular, many didn't like the option of using an out-of-the-way multi-use trail or pedestrian crossings to circumvent the roundabouts — or sharing the roundabouts' two lanes with vehicles.

"With all the extra space on the side, I don't understand why there can't be bike lanes," said cyclist Teresa Thomas. "I'd rather stay on the road, stay on my bike. So how's it going to be safe?"

HRM staff said the lower speeds in a roundabout make it safer for cyclists to "own the lane," putting them squarely in a driver's field of vision.

Provincial highway design engineer Keith Boddy, who attended the meeting as a

resident and cyclist, said the impact of a roundabout can be hard to understand on paper.

"A lot of the concerns, with exposure, become less prevalent," he said. "As people use it, drive it, participate in the function of it, they start to understand it better."

Participants also discussed the potential location and type of outdoor art that could be included in the nearly 4,000 square metres of green space that will be reclaimed.

The designs, currently at 50 per cent of completion, will return for more consultation at the 90 per cent phase sometime in March.

Until Feb. 14

View drawings and submit feedback on shapeyourcityhalifax.ca.



AIR CANADA

Canada's Charles Reid flies through the air during a qualification run at the Sochi Winter Olympics in Krasnaya Polyna, Russia, Thursday. The Games officially kick off Friday with the opening ceremonies. Coverage, pages 15, 31 & 32

JONATHAN HAYWARD/THE CANADIAN PRESS

Because how Canadian is it without the coast?

CFL commissioner looking to bring football eastward, and soon

PAGE 6

As in, fraternity of man

Student puts positive twist on popular drinking game

PAGE 4



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Engagement

Be a part of the downtown conversation

HRM will host two public engagement events this weekend to discuss the future of the downtown areas in Halifax and Dartmouth.

Charles Montgomery, award-winning author of *The Happy City*, will speak at the Halifax event in the mezzanine level of Pete's Frootique on Dresden Row.

Mark Brand, a successful Vancouver entrepreneur, will speak at the Dartmouth event at the Alderney Landing Farmer's Market.

After the speakers, residents can take part in facilitated discussions on making the downtown a more vibrant and enjoyable place on either side of the harbour.

Business, community associations, non-governmental organizations and HRM staff will join the discussions.

Both events will run from 10 a.m. to about 3 p.m. Saturday.

Residents can come and go as they please, and can submit ideas online via downtownimin.ca, or by using the Twitter hashtag #downtownimin.

The harbour ferry will be free from 9:15 a.m. to 3:45 p.m. to help anyone interested in travelling to and from the Dartmouth event. **METRO**



A view of downtown Halifax

JEFF HARPER/METRO



Irving shipyard employees work on a vessel in the yard on Thursday. JEFF HARPER/METRO

First shipbuilding contract steaming along

Arctic patrol vessels.

Federal ministers, Irving announce approval of steps three and four in seven-part contract



HALEY RYAN

haley.ryan@metronews.ca

The federal government has authorized Irving Shipbuilding to begin work on the next two tasks related to the first contract of the national shipbuilding deal.

Justice Minister Peter MacKay and Public Works Minister Diane Finley hosted

By the numbers

\$53.5M

Estimated value of the next two shipbuilding tasks.

a news conference at the Irving Shipyard Thursday to announce the next multimillion-dollar step toward construction of an undetermined number of Arctic Offshore Patrol Vessels (AOPS).

"This is the final definition stage where we will be identifying the final design, the cost, and then we'll have a much better sense of just how many of the ships we'll be able to deliver

on budget," said Finley.

Irving and the federal government signed the definition contract for AOPS last March. It was divided into seven tasks required to establish the AOPS design before construction begins in 2015.

Shipbuilding president Kevin McCoy said the first two tasks were completed on time and on budget, and the same is expected for the Engineering Design Phase 2 and the Project Implementation Proposal Development.

Those two tasks, which will be completed in August, will allow Irving to give the federal government precise estimates of the costs required to finish and build the ships.

"From fall of this year until the fall of the following year, we'll finish that last piece of very detailed design including the actual drawings that we'll give to the production mechanics on the floor," said McCoy.

About 200 people are currently working on the AOPS design, and McCoy said Irving is now advertising for about a dozen senior staff positions.

He said about 60 per cent of the engineering work will be done in Canada, with the rest going to a Denmark design agent.

"One of the things about ending the boom-and-bust cycle is the next generation ... will have Canadians trained up as ship designers," he said.

1 NEWS

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Frat brother puts sober twist on drinking game

Neknomination.

Alcohol-free frat bro passes out cash rather than just passing out



HALEY RYAN

haley.ryan@metronews.ca

A fraternity brother from Halifax walks into a bank, takes out \$100 and heads down Spring Garden Road.

But instead of hitting a downtown bar, as students do from time to time, he hands two \$20 bills to an unsuspecting woman asking for change and then \$60 to a man playing guitar on the corner.

Stuart Johnson of Phi Delta Theta says he wanted his act of kindness caught on video to put a different spin on the Neknomination drinking game.

Reportedly started in Australia, the game has spread around the world on sites such as Facebook. The videos show people chugging beer or other types of liquor in unusual settings, and then the participants nominate

Simple reward

"I got a really good reaction, which made me happy."

Stuart Johnson

two others to do the same.

"I just tried to do something a bit different with it, because everyone was doing the same thing," said John-

son, a first-year Dalhousie University commerce student from Toronto.

"I felt that if you're not doing anything good, why is it on video?"

Johnson said that after being nominated on Monday, he wanted to take the video in a different direction. A friend suggested helping out people asking for change on Spring Garden Road in a "nice nomination."

Phi Delta Theta is alcohol-free, and Johnson said

Philosophy

"I felt that if you're not doing anything good, why is it on video?"

Stuart Johnson

the brothers are trying to show a different side of fraternity life in Halifax.

"You're always wondering what the public reaction is going to be," Johnson said. "Many people have this predisposition against fraternities because they say it's just a bunch of drinking buddies."

The woman gave Johnson a hug after thanking him multiple times, and the man who was busking said he could now buy a new guitar case.

It felt "really cool" to help someone else, Johnson said.

Many people around the world are turning to "acts of kindness" nominations like Johnson's instead of downing alcohol. One man in South Africa gave lunch to a man on the street.



Stuart Johnson of Phi Delta Theta poses for a photo at the Dalhousie University fraternity on Thursday. JEFF HARPER/METRO

Neknomination

Funny or fail?

The controversial "neknomination" drinking game has been circulating for the past few weeks, but the sober alternative is gaining steam.

Most of the video stunts involve a person quickly drinking beer or hard liquor in an unusual setting, such as on a skateboard, then

nominating two people to do the same.

People use #neknominate on Facebook and Twitter because the videos are about chugging or "necking" your drink as fast as you can.

Two young Irish men reportedly died after taking part, with one perishing after jumping into a river.

Some videos show people drinking on a motorcycle,

chugging a bottle of wine in five seconds or drinking beer from a toilet bowl with their feet held in the air.

Many good deeds have also been caught on video, such as someone paying for everyone's coffee in a Tim Hortons line or spending time at a seniors' home.

These use #raknominate to celebrate "random acts of kindness."

Go online

For more local news, head to metronews.ca



'Imagine the consequences': Cops

Halifax Regional Police have yet to see any cases of someone drinking too much after a "neknomination" video, but Const. Pierre Bourdages says that's likely to change.

Bourdages, spokesman for the force, said Thursday he was aware of the online drinking game in which people challenge one another to chug alcohol in unusual situations.

"It's very disturbing," Bourdages said. "Every time alcohol is abused, it creates a great concern, but it's not something we've seen yet."

"Unfortunately, I don't think we're far from seeing it."

Bourdages said that although drinking a beer quickly isn't ideal, the videos of people chugging bottles of

rum or vodka are especially concerning.

"Just imagine the consequences if you consume that amount of hard liquor in such a short amount of time," he said.

Many of the videos do show people getting sick or running out of the room after finishing their "nomination."

Every case is weighed on

Worry

"Every time alcohol is abused, it creates a great concern."

Police spokesman Const. Pierre Bourdages

its own merit, Bourdages said, but if an underage drinker posted a video to Facebook, it

could be counted as evidence if police were to lay charges.

When people abuse alcohol, it can lead to "a whole slew of things" such as violence and health problems, Bourdages said.

"We're not telling people not to drink, we're just telling ... them to drink more responsibly," said Bourdages.

HALEY RYAN/METRO



HRP spokesperson
Const. Pierre Bourdages
THE CANADIAN PRESS FILE

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Canadian Football League in Halifax? 'We can do this now'

Potential economic impact. Commissioner Mark Cohon visiting city next week to discuss league, possible stadium



PHILIP CROUCHER
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Mark Cohon says there is no better time than now to make the Canadian Football League truly coast-to-coast.

The CFL commissioner will be in Halifax on Monday to speak with business leaders and HRM Mayor Mike Savage about the league, and how to make a new outdoor stadium economically viable.

The CFL will never have a team in Halifax without at least a 20,000-seat stadium in



Canadian Football League Commissioner Mark Cohon is coming to town next week. THE CANADIAN PRESS FILE

place.

"The league has never been stronger. We can do this now," Cohon said in refer-

ence to East Coast expansion. "Predecessors who had those conversations, it might have been a pipe dream because

the league was never in the place to have these dialogues. Now we are and that's why we are coming out."

In speaking with Metro by phone on Thursday, Cohon notes today's stadiums aren't simply one-trick ponies.

He cites the new stadium built in Ottawa for the expansion Redblacks as a prime example. Besides the stadium itself, he says the facility includes 350,000 square feet of retail space, condominiums, townhouses and even parkland.

"They are building a city within a city," he said.

Savage says he'd like to have a final decision on Halifax moving on a new stadium decided by the end of the year.

For that to happen, Cohon knows business leaders in Halifax need to open their pocketbooks, as government won't take it on alone.

In his sales pitch, Cohon talks regularly about the economic impact the stadium will bring, especially with the

Quoted

"I think sports bring economic activity to a region. When you host the Grey Cup, it brings about \$130 million in economic activity. That's well documented."

CFL Commissioner Mark Cohon

CFL as the main tenant.

And of course, one can't forget about the pride factor.

"If you had a team in Halifax, almost one million people would be watching each and every game," he said in reference to television coverage. "I think there's a sense of pride (in that). I think there's a sense that this can rally not just Halifax, but an entire region, around something that would be important to the community."

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17 suspensions. Police charged 50 people with impaired driving in January

Police in Halifax say 50 people were charged with impaired driving in January, including one person who was more than four times the legal limit.

According to a release, another 17 drivers received suspensions for operating a vehicle after drinking. Nearly all of the drivers (45) were charged at traffic stops, while 13 were found at checkpoints.

The most recent number is up slightly from the 47 people charged in December.

Eight of those charged last

Numbers

There were 55 men and 12 women who were charged or suspended, ranging in age from 18 to 62.

month were more than two times the legal limit of 80 milligrams of alcohol per 100 millilitres of blood, four were more than three times, and one person was more than four times the limit. **METRO**

Florence

Early-morning fire destroys home

A police cruiser stood guard at the scene of a Thursday morning fire in Florence. The home behind Munchies Pizza near Florence Road was gutted after a fire swept through it just after 1 a.m. in the middle of a snow

storm. The Florence Volunteer Fire Department was the first unit to respond and immediately discovered the home was several hundred metres off the road and not easily accessible and obstructed by heavy snow. The homeowners weren't at home at the time, with police and fire officials both investigating

THE CAPE BRETON POST

Drunk driver deemed a high risk offender by local police

Michael Gerard Cooper. Tests continue for Cape Breton man charged after allegedly entering liquor store

The unusual case of a Cape Breton man deemed at risk to re-offend after serving a seven-year sentence for impaired driving causing death was adjourned Thursday to allow for a 30-day extension of a mental-health assessment.

Michael Gerard Cooper answered with a booming "Yes!" when Judge Barbara Beach called his name at the beginning of proceedings in provincial court. At the consent of Cooper's defence lawyer, the Crown was granted the extension and the accused was told to return to court March 6 after the assessment at the East Coast Forensic Hospital in Burnside.

Defence lawyer John Black

submitted a letter to the court that said doctors at the hospital required more time to complete their tests because Cooper suffered a serious head injury in the 2004 crash that led to his imprisonment.

The letter says Cooper is still suffering from "neuro-psychological consequences." The assessment is required to determine if Cooper is fit to stand trial and whether he suffers from a mental disorder that could make him exempt from criminal responsibility, the letter says. Cooper was arrested Jan. 28, only a week after he was released from a New Brunswick prison.

His case attracted national attention after the parents of a teenager killed in a collision with Cooper's vehicle asked Nova Scotia authorities to provide his name and photo to liquor stores, bars and other licensed establishments.

On Jan. 21, Halifax police released Cooper's photo and took the unusual step of warning all Nova Scotians



Michael Gerard Cooper is escorted at provincial court in Halifax on Thursday.
ANDREW VAUGHAN/THE CANADIAN PRESS

about him. The Nova Scotia Liquor Corp., which owns the province's liquor stores, then instructed all of its employees to call 911 if Cooper was spotted in any outlets.

It was a liquor store employee who called police after allegedly spotting Cooper approaching a store in Halifax.

THE CANADIAN PRESS



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Gift or devastation? Opinions split on province takeover of the NSPE

For Colchester County Mayor Bob Taylor, a takeover of the Nova Scotia Provincial Exhibition by the provincial government was devastating news.

For board chairman Bruce Kennedy, however, it was welcome news.

"This was like a birthday party or a surprise or something," Kennedy said of the announcement on Wednesday that the Nova Scotia Farm Loan Board was calling in its loan to the NSPE Commission and that it was taking possession of the property and assets.

The commission owes the board \$422,000 and was \$170,000 in arrears after having not made a payment for the past 15 months.

"I mean, I was an advocate of the province having control. They put so much money over the years into this property and they contribute to harness racing a huge amount of money every year for purses for the horsemen to race for. And they're advocates for trying to sustain the viability of harness

Quoted

"I really think it is devastating for the community."

Colchester County Mayor Bob Taylor

racing."

Kennedy said the province contributes about \$1 million each year to the industry, the "bulk" of which goes to Truro Raceway, a component of the NSPE property.

Taylor, however, disagrees and suggested that Agriculture Minister Keith Colwell over-reacted by having the Farm Loan Board call in the loan. "I don't know what the big deal was but he felt that he should step in. ... It's going to be interesting to see how it plays out now," Taylor said.

"He didn't look at what we had proposed to undertake to keep that as a community event," he said. "I think (he) is stepping outside his bounds to do this." **TRURO DAILY NEWS**



Just another manic Wednesday

A Halifax resident cleans off his car with a shovel Thursday morning after an overnight dumping of snow Wednesday. All told, the region received about 15 centimetres of snow in the third-straight mid-week storm.

JEFF HARPER/METRO

Guysborough

Province kicks in \$4M for hospital renovation

The province is committing \$4.4 million towards the renovation of the Guysborough Memorial Hospital.

Health Minister Leo Clavine says the renovation will allow the hospital to better handle a collaborative approach, with a nurse practitioner, a family practice nurse and other health-care providers.

The project will locate inpatient and emergency services together for safety and efficiency.

THE CANADIAN PRESS

Two-year term

Nurses union head to serve sixth term

The head of the Nova Scotia Nurses Union has been acclaimed to the position for a sixth consecutive term. Janet Hazelton has been president of the board of directors for the union since 2002. **THE CANADIAN PRESS**



On February 8th, let's make our downtown areas even better!

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Author of The Happy City



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Renowned Vancouver Entrepreneur

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Electoral officer strikes back at Tories



Marc Mayrand THE CANADIAN PRESS

Elections Act. Debate about sweeping changes has been shut down in the House

Canada's chief electoral officer says the only team sweater he wears is the striped "white and black," and that a Conservative

overhaul of the Elections Act will take the referee off the ice.

In his first comments on sweeping new elections legislation by the Harper government, Marc Mayrand says he hopes there is extensive public consultation and debate over the proposed changes.

Mayrand was responding to comments by Conservative minister Pierre Poilievre, who

introduced the bill Tuesday by saying Canada's elections referee "should not be wearing a team jersey."

"Listen, the only team jersey that I think I'm wearing — if we have to carry the analogy — I believe is the one with the stripes, white and black," a shaking Mayrand said after a hearing on Parliament Hill.

"What I note from this bill is

that no longer will the referee be on the ice."

Mayrand's reaction comes as the government moves to shut down debate in the House of Commons and speed the legislation to committee.

Among other things, the bill would allow political parties to spend more during campaigns, set rules for using robocalls and impose stiffer penalties on

those who abuse automated telephone messaging.

Poilevire's opening shot at the impartiality of Elections Canada came after years of investigations of alleged Conservative wrongdoing that began with the in-and-out financing scheme in the 2006 campaign that brought Prime Minister Stephen Harper to power.

THE CANADIAN PRESS

'Not going to change'

Rob Ford refuses to attend pride

Toronto's mayor is back in the spotlight after making comments about the city's prominent gay pride festival. "I'm not going to go to the pride parade," he told the audience at a debate for mayoral hopefuls running in October's municipal election. "I've never been to a pride parade. So I'm not going to change the way I am." THE CANADIAN PRESS

'Invasive' species?

Wild horses won't run free in Alberta

The capture of some of Alberta's wild horses is sparking anger from critics. The Alberta government says feral horses are an invasive species and damage the environment, so it's approved the capture of up to 200 for breeding and to be slaughtered.

THE CANADIAN PRESS

Budget officer

Public-sector sick days cost \$871M

The federal budget watchdog says public servants take an average of 11.5 paid sick days a year, compared with 18 days reported by Treasury Board President Tony Clement. The parliamentary budget office estimates the salary paid for sick days reached \$871 million in 2011-12, about 68 per cent higher than 10 years prior. THE CANADIAN PRESS

Kicking the homeless

Online video may result in charges

Vancouver police say they found videos of a man allegedly kicking two homeless people in the groin in exchange for money "extremely concerning" and are considering laying charges. A video that appeared on YouTube Wednesday shows the suspect kicking the two victims. METRO

Drummer in Harper's band charged with sex assault

The RCMP says Phillip I. Nolan, who plays drums in a band that often accompanies Prime Minister Stephen Harper, is facing charges of sexual assault and sexual interference against two girls.

A spokesman for Harper says the Prime Minister's Office is "shocked and disturbed" by the charges, which allegedly involve two girls under the age of 14 at the time of the incidents.

Nolan, 43, is also a teacher at Avalon Public School, a middle school in east Ottawa. The Ottawa-Carleton District School Board said in a statement Nolan was removed from the classroom when an investigation began and was suspended Thursday after Ottawa police laid the charges.

Nolan faces five counts each of sexual assault, sexual interference, and sexual ex-

ploitation.

After a court released him on a \$5,000 bond Thursday afternoon, his Toronto-based lawyer, Lou Strezos, said his client is also "very shocked" about the charges.

"He has no criminal record," said Strezos. "He maintains his innocence."

Police allege the incidents took place between 1998 and 2000 during Nolan's tenure as a teacher of Grade 7 and 8 students.

Police said in a news release they are concerned there could be other complainants in the case.

Harper's office said it had no inkling about the matter.

"We are obviously shocked and disturbed by these serious charges," the PM's communications director Jason MacDonald said in a statement. JOE LOFARO/METRO IN OTTAWA



Phil Nolan, far right, who plays drums in the band that often accompanies Prime Minister Stephen Harper, is facing multiple charges of sexual assault, sexual interference and sexual exploitation. CHRIS YOUNG/THE CANADIAN PRESS FILE

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Olympian Cherie Piper offers her predictions for the 2014 Games

About Cherie Piper:

- Age: 32
- Olympic gold medals: Three — 2002, 2006 and 2010
- World Championships: One — 2004
- Retired from Team Canada: Spring of 2013

Canadian to watch

Natalie Spooner, from Toronto. She's big, strong, a natural goal scorer.



International player to watch:

Noora Raty, known as the Finnish Fence. She gives Finland very strong goaltending. She's a game-changer.



Top 3 nations:

Gold: Canada
Silver: U.S.
Bronze: Finland



There were jeers before cheers



Cherie Piper at Blyth Academy in Whitby. She became an elementary teacher at the school after retiring from Team Canada, and coaches hockey in the school's advanced sports program.

ELIZABETH BEDDALL/METRO

'Out on the ice, you can hear everything.' Olympic gold-medallist and Canadian hockey hero overcame taunts, insults to succeed



FERNANDO CARNEIRO
Metro in Toronto

Cherie Piper is a Canadian hockey hero.

So who would bully her? Me. And a good many others from my high school.

In 1996, Piper's high school, Albert Campbell CI, played my school, Sir Winston Churchill, in the Scarborough B finals.

When we met last month, Piper said she remembers that game well. "Out on the ice, you can hear everything that's yelled," she said. Ouch!

Churchill had a bus full of students at the arena to cheer on our girls. And we didn't know the difference between

supporting our team and putting down the opposition.

And Piper was the opposition. She skated circles around our girls and scored most goals in the blowout that followed.

Sharon Mejia, now 34, played against Piper.

"It was very frustrating, because she was clearly way above everybody else on the team," Mejia said.

So the Churchill crowd, mostly boys who saw the game as an opportunity to skip class, booed Piper. A lot.

"We were rowdy. We said things to bring her confidence down," said Imer Hernandez, who was in the stands.

Mejia said the more Piper was booed, the more she seemed to want the puck, and as Campbell ran up the score, the more insulting the Churchill kids became. The insults eventually turned sexual.

I was there, as Churchill's mascot, wearing a bulldog costume with an oversized head. I remember looking through the eyeholes and seeing Piper's dad put his arm around her mom



Sharon Mejia, bottom-row right, Fernando Carneiro, top-row centre (in the bulldog costume) and the 1995-96 Sir Winston Churchill women's hockey team.

SIR WINSTON CHURCHILL 1995-96 YEARBOOK

as she wiped her eyes.

"My mom and dad used their energy to protect me," Piper said.

While people accused her of embarrassing the other team, Piper said she thought of her teammates, many using equipment borrowed from Piper.

"Our goalie one year had never put on skates before," Piper said. "I used to run skating drills with the girls."

She remembers their weekly practices well. "Nobody

understands how much fun we had as a team," she said.

Nearly 16 years later, Hernandez said he's impressed by Piper's mental toughness.

"She was so young. I'd like to congratulate her for playing to the best of her ability while blocking all that."

As rough as the insults hurled at Piper in the Scarborough finals were, she said they're far from the worst.

Due to a shortage of girls playing hockey, when Piper

was eight, her parents had the choice of enrolling her in an under-16 women's league or a team of eight-year-old boys. They chose the boys' league.

"Some of the worst things were things that mothers from the other team would yell at me. They would tell their sons to go injure me or kill me," Piper said. "They couldn't handle the fact that their son was beat by a girl."

The behaviour of the Churchill kids at the Scarborough finals is learned behaviour, Piper said. She's now in a position to influence children differently — since retiring from the national team, she has become a teacher for Blyth Academy in Whitby.

"In my classroom there's no putting people down. There's no treating people differently," Piper said. "Retirement (from hockey) has been nice. I'm just enjoying being a normal person and not having to be at the rink or practice all the time."

When we parted, I apologized on behalf of Churchill.

She accepted it graciously.

Little Cherie

The girl? She's the one who scored on you

The first time Chris Piper watched her daughter climb a rope in gymnastics she was in for a big surprise. "Oh my God! That's my kid?" she asked.

While most other children were wobbling along, Cherie made it to the top.

To her mom, it was unfair that as a child Cherie was singled out for being "too good" and for taking up a spot on a boy's team.

"We would be at a tournament and hear parents talk about one team having a girl. They wouldn't look at the top players, they always guessed the boy with the long hair. They would yell at him and say that he shouldn't be on the ice," Chris Piper said. "I would reply, 'See the player who just put the puck in your net? That's the girl.'"

But there were times when Cherie cried.

"I said, 'Honey, if you want to quit, make it your decision. Don't let those people make the decision for you.'"

FERNANDO CARNEIRO/METRO



A young Cherie Piper is seen in this undated photo.

COURTESY CHRIS PIPER

Sochi. Some heading to the Games reporting 'hassle-free' security

Despite a temporary Russian ban on liquids in carry-on luggage, some air travellers heading to the Sochi Olympics through Moscow have brought toothpaste and other toiletries past security checkpoints without any problems.

Security concerns ahead of the Sochi Games were renewed after the U.S. Homeland Security Department warned airlines flying to Russia that terrorists may try to smuggle explosives into the country in toothpaste tubes.

Yet six Associated Press employees arriving in Moscow from across the world or beginning their journey there passed through security without having to remove toothpaste, hand lotion or water bottles.

Another AP journalist, arriving in Moscow from Singapore, said a security official

checked his deodorant and then returned it, but didn't make mention of a small tube of toothpaste.

Others heading to Sochi said their experience of airport security was surprisingly hassle-free.

"It was pretty chill. I had an empty 1-1/2 litre water bottle because I was hoping to fill it up on the plane but no one checked it," said Matt Segal, an Australian tourist who travelled from Moscow to Sochi on Thursday. "No one has pulled it out and asked about it."

The no-liquids rule applies to anyone departing from a Russian airport, including transit passengers, said Russian Transport Ministry spokeswoman Nataliya Nesterova. She said it was up to airports to make sure it is enforced.

THE ASSOCIATED PRESS

Newfoundland. Gay flag raised at legislature

The Newfoundland and Labrador government says it wants to show its support for human and gay rights as the Sochi Olympics get underway.

A rainbow flag will be raised Friday at the provincial legislature in St. John's to coincide with the opening of the Winter Games in Russia, where a law signed in July outlaws so-called pro-gay propaganda that could be accessible to minors.

The controversial legislation has led to protests in cities around the world.

The rainbow flag is a symbol of support for lesbian, gay, bisexual and transgender rights.

The government of Newfoundland and Labrador says raising the flag is meant to show its support for human rights regardless of sexual orientation. THE CANADIAN PRESS



This YouTube screen grab showing two lugers in a suggestive pose is from an ad produced in response to the worldwide controversy created by Russia's law barring the promotion of "non-traditional sexual relations." SCREEN GRAB

Russian law is target of new ad

Anti-gay law. Diversity group, Toronto agency collaborate to create a new human rights ad for the Sochi Games

The Olympics have always been a little bit gay.

At least, that's the idea be-

hind a new ad released just days prior to the 2014 Winter Games in Sochi.

The ad shows two male figures thrusting back and forth as they prepare to take off luge sledding. The 30-second spot was a last minute collaboration between the Canadian Institute of Diversity and Inclusion and Rethink creative agency in Toronto.

It's called equality, Mr. Putin

"It's a message about equality first and foremost. The backdrop happens to be the Olympics."

Caleb Goodman, partner at Rethink, which helped produce the ad

Backed with the popular

1980s tune Don't You Want Me by The Human League, it ends with the words: "The Games have always been a little gay. Let's fight to keep them that way."

While homosexuality is no longer illegal in the Olympic host country, it passed a law barring the promotion of "non-traditional sexual relations" to minors. TORSTAR NEWS SERVICE

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Soylent founder and CEO Rob Rhinehart holds a glass of Soylent. FACEBOOK

THE FUTURE OF FOOD?

Founder of Soylent says healthy food is expensive and difficult to prepare — and his controversial meal replacement product could be coming to Canada

JESSICA SMITH CROSS
Metro in Toronto

Canadians won't have to wait for a far-off dystopian future to try the controversial Soylent meal replacement product, as the inventor says the company is eyeing Canada as its first international market after it begins shipping to U.S. customers on March 1.

CEO Rob Rhinehart was an electrical engineer at a start-up in California, with insufficient time and money to eat well, when he decided to create

something fast and cheap that contains everything humans need to survive.

Soylent comes in two packets, powder and oil, that are mixed with water to form a grayish liquid. It contains no people and costs less than \$10 a day.

"Traditionally, healthy food can be very difficult to prepare and very expensive," said Rhinehart. Soylent has a nutrition label that shows a full complement of nutrients, along with carbs, protein and fibre.

"There's a lot of regulation in food," said Rhinehart. "We

have gone through all of the hurdles and testing and labeling and process control."

Rhinehart said the label doesn't tell the whole story — that Soylent has a complete amino acid profile and, according to the company's tests, a low glycemic index.

Rhinehart was Soylent's first test subject and he lives "90 per cent" on Soylent today, eating only the occasional social meal. He's gone through long periods of eating only Soylent, and "beta testers" — a tech term for people who try out a new product before it's release — have done the same.

Soylent raised more than \$2 million in pre-orders and found venture capital support. It has a community of DIY Soylent makers working on their own Soylent-like food hacks.

It also has many critics.

Two Canadian doctors who are experts in nutrition recommended that consumers wait until Soylent undergoes clinical testing.

Dr. David Lau, a professor of medicine biochemistry and molecular biology at the University of Calgary and the president of Obesity Canada, said Soylent's ingredients "appear very complete," but he's concerned about how well they will be absorbed.

Gut flora, the micro-organ-

Living on Soylent

"If someone starts doing this to simplify their lives, they don't have to spend as much time eating well and just by default will end up getting a lot healthier."

Soylent founder and CEO Rob Rhinehart

isms that live in the digestive tract, are essential to human health but are still not well understood and the effect a Soylent diet would have is unknown, he said.

He said using beta testers is "hocus pocus" and doesn't replace clinical trials that could determine the long-term effects of Soylent.

Dr. David Jenkins, a University of Toronto professor and the Canada research chair in nutrition and metabolism, said he'd like to see testing on the product's glycemic index. How the body absorbs Soylent and its post-meal effects are essential to understanding how useful and healthy it is, he said.

Rhinehart has dealt with similar concerns in the past. "If this becomes a problem the amounts can be changed to compensate," he wrote in a post on his site.

Group alleges spying on pipeline opponents

Civil liberties advocates in British Columbia have filed complaints against CSIS and the RCMP over allegations the agencies snooped on opponents of the Northern Gateway pipeline.

The B.C. Civil Liberties As-

sociation's complaints allege the RCMP and the Canadian Security Intelligence Service, or CSIS, needlessly monitored First Nations and environmental groups and then passed along information to the National Energy Board

and energy companies.

The group's president, Josh Paterson, claimed the police force and the spy agency's actions infringe the activists' charter rights, as none of their activities posed any threat to public safety or

energy board hearings.

"Whether this information was gathered through open sources, or through covert means such as infiltration, the RCMP and CSIS have absolutely no business gathering information on people who are en-

gaged in peaceful, democratic activity," he told reporters.

"That is a perversion of our system and it is harmful to democracy because it can intimidate ... people from wanting to express themselves and participate in pub-

lic debate in the first place."

The complaints were filed with the independent watchdogs that monitor the RCMP and CSIS. They stem from documents obtained last November by the Vancouver Observer. **THE CANADIAN PRESS**

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CHRYSLER DODGE JEEP

Will BlackBerry meet its Waterloo in keyboard battle?

Or will it be Seacrest out? Typo Products and Canada-based company in war of words over QWERTY iPhone add-on

Typo Products says BlackBerry is trying to hold a monopoly over smartphone keyboards, and that it shouldn't have to take its new iPhone case off the market.

The Los Angeles-based company, co-founded by American Idol host Ryan Seacrest, filed documents Wednesday in a California court defending itself against a patent infringement lawsuit.

BlackBerry accuses Typo of copying its keyboard design in an effort to capitalize on the smartphone maker's



Typo Products' iPhone keyboard case.
TYPO PRODUCTS/THE CANADIAN PRESS

numerous rulings, including damages from Typo, all of Typo's profits and a stop to future sales of the keyboard technology.

The suit was filed in January and none of the allegations have been tested in court.

Typo disputes the claims made by BlackBerry. The Typo case attaches to an iPhone 5 or 5S, the most recent Apple smartphone models, both of which have touchscreen keyboards.

In its response, Typo attached pictures of various keyboard designs that date as far back as Smith Corona typewriters.

"The QWERTY keyboard has been around since the 1870s and has been present in many messaging devices," Typo said in the documents.

THE CANADIAN PRESS

"commercial recognition and goodwill."

The company is seeking



G.I. Joe still in fighting form as he hits 50

G.I. Joe action figures portray Raising the Flag on Iwo Jima in a display at the New York State Military Museum in Saratoga Springs, N.Y. A half-century after the 12-inch doll was introduced at a New York City toy fair, the iconic action figure is being celebrated by collectors with a display at the military museum, while the toy's maker plans other anniversary events to be announced later this month. Since Hasbro's "movable fighting man" hit the shelves in 1964, G.I. Joe has undergone many changes, some the result of shifts in public sentiment for military-themed toys, others dictated by the marketplace. MIKE GROLL/THE ASSOCIATED PRESS

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Rubber hits the road

It's namaste for yoga-mat chemical in Subway's bread

Subway says it's in the process of removing a chemical from its bread as part of an ongoing effort to improve its recipes. THE ASSOCIATED PRESS

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OF SUPER BOWLS AND SPYING

1 Black History Month. It's February again, and another great opportunity to learn all about the heroes that have shaped, not just the history of black people in North America, but the whole world. Until it's over and schools go right back to using the same old textbooks. Something tells me we're still a few Februaries away from complete enlightenment. #BHM

2 Bad, bad boy. It was the end of the world. There was darkness and violence and depravity. There were loud noises of motors running high, children crying and sirens wailing. Signs of the apocalypse? Nope, just Justin Bieber on the news again. #Bieber, #Bieberstripper, #DUI....

3 #MattressMack. The Houston furniture store owner's promotion backfired when he offered customers a full refund if the Seahawks were to beat the Broncos. Jim McIngvale honoured his commitment to the tune of \$7 million, but he did it gladly, because it was still cheaper than running a commercial during the Super Bowl.



THE METRO LIST

Mike Benham

metronews.ca

4 SUPER BOWL XLVIII. Poor Peyton Manning. All everyone did was talk about his football pedigree and five MVPs, but the closest the Broncos came to a touchdown dance was Bruno Mars' halftime performance. Oh sure, they scored a touchdown, but not while anyone was still watching. #worstsUPERBOWLEVER

5 Seconds of Summer. I have never heard a single original song by this Australian boy band, but the social media gods seem to smile on them because #5SOS keeps trending high. That's a whole lot of tweets. Now, if only they were actually saying something.

6 Woody Allen. The only thing funny about this story is how many twitter-ers or twits, or whatever, did not know that Allen was once

pseudo-stepfather to Soon-Yi, his wife. Some argue that she was adopted by Mia Farrow, not Woody, though he dated her for 12 of the child's formative years. It is not illegal. But to put matters into perspective, Allen and Farrow's biological son Ronan once

said, "My father is married to my sister. I'm his son and his brother-in-law!" #What??

7 Hoop-la. Raptors point guard Kyle Lowry was named the NBA's Eastern Conference Player of the Week, despite having been snubbed for the All-Star game. Technically, that was last week, but I still haven't gotten over it.

8 I spy. John Forster, head of Canada's eavesdropping agency, was all over social media and the news when he denied spying or any breach of privacy. For most of us, it was enough to just discover that we had an EAVESDROPPING agency!

9 Carrying the torch. Earlier this week, despite concerns about the venue for this year's winter games, Russian President Vladimir Putin declared that Sochi was ready. That could mean they're ready for the games, or that all pro-gay activists have been contained. Either way, they're ready. #sochi2014

10 Facebook. The pioneer social media site celebrated their 10th birthday this week. Ten years since dear old friends who'd drifted apart could find each other again, and 10 years since everyone else could too. Cheers! #BestofFacebook

ZOOM

Sochi starts, protests continue



YVES LOGGHE/THE ASSOCIATED PRESS

The world is watching

Gay rights activists stage a protest that they say evokes the hate crimes and humiliations that are motivated by homophobia in Russia, in Antwerp,

Belgium, Thursday. The Sochi Winter Olympics have begun, and many will be watching to see whether Russia will enforce its law banning gay "propaganda" among minors if athletes, fans or activists wave rainbow flags or speak out in protest.

THE ASSOCIATED PRESS

IOC's stance

- The IOC has reminded athletes that "no kind of demonstration or political, religious or racial propaganda is permitted in any Olympic sites." Athletes will be free to express their opinions at news conferences, however.

Russia's stance

- Vladimir Putin has said gays will be welcome in Sochi if they "leave the kids alone."
- Russia initially banned protests during the Games. Following international outcry, it set up a designated protest zone.

Clickbait

LUKE SIMCOE
Metro Online

Just because you're not in Sochi for the Winter Games doesn't mean you can't pretend. With your phone at your fingertips there are plenty of podium-ready apps to help you get into the Olympic spirit.

Sochi 2014 Medal Alert:

The official app of the Winter Games, it allows you to follow your favourite events or teams and get notified whenever a medal is awarded. Available for both Android and iOS.

SkiFree:

A veritable classic, this retro downhill skiing game has been ported to iOS. Follow an intrepid skier as he carves through gates while avoiding obstacles and the occasional Yeti. An Android version of the game, entitled You Are The Yeti!, lets you play as the titular sasquatch.

Age of Curling:

Nothing says Winter Olympics like burning a rock in the fourth end. If that sentence made any sense to you, try Age of Curling for iOS. Hailed as one of the better mobile curling games, it lets you play at venues like an 18th century Scottish castle.



THE CANADIAN PRESS FILE

Twitter

The creator of the Labradoodle says he has regrets about starting the designer dog craze because of health risks. But if you could mix any two breeds (with no health repercussions), what would you make?

@Zom8ieQuEEn a pit bull and a grey hound better watch out when it catches ya lol

@evilaudi why must people cross breed dogs? There are so many breeds to choose from it is impossible to not pick one

@kjbwrf I love my Bugg (Boston Terrier x Pug)



@MegBlumenthal I would mix a Shar-Pei and a Poodle. The refined 'Poo-Pei'

@Canucklehead_ca Clearly 'Snoop Dogg' with 'Pitbull'. (I have no idea how breeding works)

Letters

RE: Website Helps Women Get Free Breast Implants, published Feb. 5, 2014

There are many people in countries that need life saving surgery and do not have the money. For the girl that wants breast implants and is getting donations, maybe you should just be thanking God that you have your health. A. Grossi, Toronto

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Synopsis

Based on the book *The Monuments Men: Allied Heroes, Nazi Thieves and the Greatest Treasure Hunt in History* by Robert M. Edsel, the movie stars Clooney, Matt Damon, Bill Murray, John Goodman, Jean Dujardin, Bob Balaban and Hugh Bonneville as a motley crew of art historians, engineers and museum directors recruited to locate and rescue priceless art works stolen by the Nazis. When two members of their team are killed they are no longer observers but active participants in the war.

• Richard: ●●●●●

• Mark: ●●●●●

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



George Clooney co-wrote *The Monuments Men*, which opens this weekend. CONTRIBUTED

Nothing monumental

The Monuments Men.

George-Clooney-penned story about saving art in the Second World War skews a little too sentimental

Richard: Mark, this is a war-time comedy. Think Hogan's Heroes by way of Leonardo Da Vinci and you'll get the idea. It has some mild laughs — the biggest giggle, for Canadians anyway, comes from the Parisians who blame Matt Damon's terrible French on having spent too much time in Montreal — but also a great deal of reverence for the art and the work of the real-life monuments men. But what might have been an edgy, exciting look at an under-

reported slice of World War II history is reduced to an elegantly directed but somewhat dull film.

Mark: Richard, I was really looking forward to this movie. Three of my major obsessions are George Clooney, Nazis and art, although not necessarily in that order. But you're right; the movie is kind of a snooze in parts. There are some great scenes, but they don't quite add up. And at no time did I feel much of a sense of danger, probably because the war is ending and the Germans are already on the run. The great cast is mostly split up during the movie, so the expected camaraderie is absent. But there's one great reason to see this movie, and that's the prominent role of prickly nerd Bob Balaban.

RC: The cast is terrific. Balaban is a great actor, and an under-used one, so it's always cool to see him trotted out in anything, but for me Bill Murray shows, once again, in a brief scene in a shower (no spoilers here), how his understated style can move an audience. No problems with the acting, but co-writers Clooney and longtime collaborator Grant Heslov appear to have taken a dose of sentimentality pills before putting pen to paper. The earnest, reverential tone is reinforced by old school pacing that focuses on the character and art over action and a rousing soundtrack that sounds airlifted in from a classic war-time era movie.

MB: Bill Murray, as always, proves that less is indeed more. There's a quasi-romance between Matt Damon and Cate

Blanchett that seemed forced to me, not to mention she wears the ugliest pair of shoes in the history of cinema. But all through the movie there's a moral dilemma that keeps being rammed down our throats. Is art valuable enough to risk human life for? The movie tells us over and over that it is, but to be honest, Richard, I'm not so sure. And if you're not sure, the urgency falls apart.

RC: It seems like you noticed Blanchett's shoes more than the art. Therein lies the movie's central problem.

MB: Well, I'm more of a modernist anyway. When they tell the story of how the Germans burned the Klees, Braques, and Picassos I nearly wept. This isn't a bad movie, Richard. I just hoped for a great one.



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A Robocop rewind



Robocop, starring Abbie Cornish, opens next Wednesday. CONTRIBUTED

A simpler time. Abbie Cornish reminisces about watching 1980s classic until her VHS tape wore out



NED
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Metro World News in Hollywood

Abbie Cornish has fond memories of the original Robocop, having grown up in Australia watching, re-watching and eventually wearing out a VHS copy of the 1987 film at far too young an age, thanks to her older brothers. So she hopes other fans of Paul Verhoeven's ultra-violent action flick will take her involvement in José Padilha's PG-13 remake as a major vote of confidence.

It was a different time, when you had to worry about VHS tapes wearing out.

And it was so devastating when they did — or if they tore! And sometimes you couldn't replace them either. It seems so silly, you'd be 10 years later trying to find another VHS of Robocop and you can't. It's like all of a sudden it becomes a collector's item.

What were some of your favourite parts of the original?

I mean, that scene is crazy when he goes in on his own and he gets blown apart. I know it sounds really violent because I was, like, 5 or 6 when I watched that, but that scene is just insane. It's really classic. I love that movie. I really enjoyed watching it again. I watched it a couple of times before we made the movie, and people were like, 'Don't do that!' I was like, 'But I love it!'

Plus, this version is pretty different from the original.

Yeah, it's different. It's a whole different entity. Look, I really

hope that the people who are skeptical about the film and are saying that they're not going to watch it because 'we love the original Robocop and they shouldn't have remade it,' I really hope that they go to the cinemas and watch it because I think that they'll be pleasantly surprised.

The default position of any remake is skepticism, though.

I guess so. Maybe I've just never been privy to it. We retell stories all the time. Sometimes they're very well done and sometimes not so well done.

What are some of your favourite tricks of the trade for tapping into a character?

I listen to a lot of music while I work. I usually make a playlist for each film that sums up what that character's journey is throughout the film, so I can always go back to it and go back to it.

Animation



The Lego Movie

Director. Phil Lord, Christopher Miller

Stars. Chris Pratt, Elizabeth Banks

This story follows Emmet (Chris Pratt), an ordinary, rules-following, perfectly average LEGO mini-figure who is mistakenly identified as the most extraordinary person and the key to saving the world. He is drafted into a fellowship of strangers on an epic quest to stop an evil tyrant, a journey for which Emmet is hopelessly and hilariously under-prepared.

Rotten Tomatoes™ score
Critics: 100% Audience: +96%

Action-Comedy



Vampire Academy

Director. Mark Waters

Stars. Zoey Deutch, Lucy Fry, Daniela Kozlovsky

Rose Hathaway (Deutch) is a Dhampir: half human-vampire, guardians of the Moroi, peaceful, mortal vampires living discretely within our world. Her legacy is to protect the Moroi from bloodthirsty, immortal Vampires, the Strigoi. This is her story.

Rotten Tomatoes™ score
Critics: TBA Audience: +86%

Comedy/Romance



That Awkward Moment

Director. Tom Gormican

Stars. Zac Efron, Michael B. Jordan

Zac Efron, Miles Teller and Michael B. Jordan star in the R-rated comedy, That Awkward Moment, about three best friends who find themselves where we've all been- at that confusing "moment" in every dating relationship when you have to decide "So...where is this going?"

Rotten Tomatoes™ score
Critics: 22% Audience: 56%

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THESE PAGES COVER MOVIE START TIMES FROM FRI., FEB. 07 TO THURS., FEB. 13. TIMES ARE SUBJECT TO CHANGE.

Bayers Lake 190 Chain Lake Dr.

American Hustle (14) Fri-Sat 12:50-4:7:15-10:30 Sun-Mon 12:50-4:7:10-10:15 Tue 12:50-4:7:15-10:30 Wed-Thu 12:50-4:7:10-10:15
Anchorman 2: The Legend Continues (PG) Fri-Sat 10:45 Sun-Mon 10:25 Tue 10:45 Wed-Thu 10:25
Alohana the Movie: The Flower We Saw That Day (STC) Sun 12:45 Wed 7:30
August: Osage County (14) Fri-Sat 1:20-4:20-7:15-10:10 Sun 4:20-7:15-10:10 Mon-Tue 1:20-4:20-7:15-10:10
A Cinderella Story (G) Sat 11
Frozen (G) Fri 2:35 Sat-Sun 12:15 Mon-Thu 2:35
Frozen 3D (G) Fri-Thu 7:50
Frozen Sing-Along (STC) Fri-Thu 5:15
Gravity: An IMAX 3D Experience (PG) Fri 1:40-4:6:25-8:45-10:45 Sat-Sun 11:30-1:40-4:6:25-8:45-10:45 Mon-Tue 1:40-4:6:25-8:45-10:45
The Hobbit: The Desolation of Smaug 3D (PG) Fri-Thu 1:45-5:20-9
The Hunger Games: Catching Fire (PG) Fri-Sat 12:50-4:10-7:30-10:30 Sun-Mon 12:50-4:10-7:20-10:30 Tue 12:50-4:10-7:30-10:30 Wed 12:50-4:10-10:30 Thu 12:50-4:10-7:20-10:30
I, Frankenstein 3D (PG) Fri-Sat 10:45 Sun-Mon 10:25 Tue 10:45 Wed-Thu 10:25
Jack Ryan: Shadow Recruit (PG) Fri 2:45-5:20-7:50-10:30 Sat-Sun 12:10-2:45-5:20-7:50-10:30 Mon-Tue 2:45-5:20-7:50-10:30 Wed-Thu 2:45-5:20-10:30
Labor Day (STC) Fri-Thu 2-4-40-7:20-10:10
The LEGO Movie (STC) Fri 1:50-4:25-7 Sat-Sun 11:15-1:50-2:55-4:25-7 Mon-Thu 1:50-4:25-7 Star & Strollers Screening Wed 11
The LEGO Movie 3D (STC) Fri 2:30-5:05-7:40-10:10 Sat-Sun 12-2:30-2:45-5:05-7:40-10:10 Mon-Thu 2:30-5:05-7:40-10:10
Lone Survivor (14) Fri 1:40-4:40-7:40-10:40 Sat 11-4:40-7:40-10:40 Sun 11-4:40-7:30-10:20 Mon 1:40-4:40-7:30-10:20 Tue 1:40-4:40-7:40-10:40 Wed-Thu 1:40-4:40-7:30-10:20
The Monuments Men (STC) Fri 12:30-1:20-4:20-7:20-10:20 Sat-Sun 1:20-4:20-7:20-10:20 Mon-Thu 12:30-1:20-4:20-7:20-10:20 Star & Strollers Screening Wed 11
The Nut Job (STC) Fri 1-3:15 Sat-Sun 11:05-1-3:15 Mon-Thu 1-3:15
The Nut Job 3D (STC) Fri-Thu 5:30-7:45
Odd Thomas (STC) Thu 7:30
Ride Along (14) Fri-Sat 12:40-3:10-5:40-8:20-10:45 Sun-Mon 12:40-3:10-

5:40-8:05-10:30 Tue
12:40-3:10-5:40-8:20-10:45 Wed-Thu 12:40-3:10-8:05-10:30
RoboCop (STC) Wed-Thu 1-4-7-10
RoboCop: The IMAX Experience (STC) Wed-Thu 1:30-4:30-7:30-10:30
Saving Mr. Banks (PG) Fri-Thu 10:20
That Awkward Moment (STC) Fri-Sat 12:40-3:05-5:30-8:10-10:30 Sun 11:05-12:40-3:05-5:30-8:10-10:30 Mon-Thu 12:40-3:05-5:30-8:10-10:30
Vampire Academy (STC) Fri 3-5:20-8-10:40 Sat 11:15-12:20-5:20-8-10:40 Sun 11:30-12:20-5:20-7:50-10:30 Mon 3-5:20-7:50-10:30 Tue 3-5:20-8-10:40 Wed-Thu 3-5:20-7:50-10:30
The Wolf of Wall Street (18) Fri 12:45-4:45-8:45 Sat 1:45-5:30-9:15 Sun-Thu 12:45-4:45-8:45

Oxford Theatre 6408 Quinpool Rd.

12 Years a Slave (14) Fri 6:30-9:30 Sat-Sun 3:30-6:30-9:30 Mon-Thu 6:30-9:30

Park Lane 5657 Spring Garden Rd.

American Hustle (14) Fri 12:40-3:55-6:30-9:30 Sat 3:55-6:30-9:30 Sun 12:40-3:55-6:30-9:30 Mon-Thu 3:55-6:30-9:30
Her (14) Fri-Sun 12:30
I, Frankenstein 3D (PG) Fri-Tue 4:20-10:15
Jack Ryan: Shadow Recruit (PG) Fri 1:30-7:10 Sat 1:30-6:50 Sun 1:30-7:10 Mon-Tue 7:10
Labor Day (STC) Fri 1-3:45-7-9:50 Sat 1-7:10-9:50 Sun 1-3:45-7-9:50 Mon-Tue 3:45-7-9:50 Wed 3:45-7-9:40 Thu 3:45-9:40
The LEGO Movie (STC) Fri-Sun 1:20
The LEGO Movie 3D (STC) Fri-Thu 4:15-7:20-10
The Metropolitan Opera: Rusalka (STC) Sat 1:55
The Monuments Men (STC) Fri 12:50-3:35-6:50-9:40 Sat 12:50-3:35-7-9:45 Sun 12:50-3:35-6:50-9:40 Mon-Wed 3:35-6:50-9:40 Thu 3:35-7-9:50
Philomena (PG) Fri-Sun 1:10-4:05-6:40-9:20 Mon-Thu 4:05-6:40-9:20
RoboCop (STC) Wed 3:50-7:10-9:55 Thu 3:50-6:45-9:35
That Awkward Moment (STC) Fri-Sun 1:40-4:30-7:30-10:10 Mon-Thu 4:30-7:30-10:10
The Wolf of Wall Street (18) Fri-Sun 3:25-7:40 Mon-Thu

3:30-7:40

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A Cinderella Story (G) Sat 11
I, Frankenstein 3D (PG) Fri 6:35-9:20 Sat 1:20-4:30-6:35-9:20 Sun 1:20-4:30-6:35-9:05 Mon 6:35-9:05 Tue 6:35-9:20
Labor Day (STC) Fri 6:25-9:05
Sat-Sun 1-3:35-6:25-9:05 Mon-Tue 6:25-9:05 Wed-Thu 6:25-9:20
The LEGO Movie (STC) Sat 11:30-1:30 Sun 1:30
The LEGO Movie 3D (STC) Fri 6:40-9:10 Sat-Sun 3:45-6:40-9:10 Mon-Tue 6:40-9:10 Wed-Thu 6:45-9:10
Lone Survivor (14) Fri-Tue 9:15 Wed-Thu 9
The Monuments Men (STC) Fri 6:55-9 Sat 1:45-4-6:55-9 Sun 1:45-4-6:45-9 Mon 6:45-9 Tue 6:55-9 Wed-Thu 6:35-9:20
The Nut Job (STC) Sat 11:15-2 Sun 2
The Nut Job 3D (STC) Fri 7:05 Sat 4:15-7:05 Sun 4:15-6:50 Mon 6:50 Tue 7:05 Wed-Thu 6:40
Ride Along (14) Fri 7:10-9:35 Sat 1:10-4:25-7:10-9:35 Sun 1:10-4:25-7-9:25 Mon 7-9:25 Tue 7:10-9:35 Wed-Thu 6:55-9:25
RoboCop (STC) Wed-Thu 7-9:30
That Awkward Moment (STC) Fri 6:30-9:40 Sat 1:40-4:10-6:30-9:40 Sun 1:40-4:10-6:30-9:30 Mon 6:30-9:30 Tue 6:30-9:40 Wed-Thu 7:10-9:40

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August: Osage County (14) Fri-Thu 10:25
The Big Chill (STC) Mon 7
A Cinderella Story (G) Sat 11
Dallas Buyers Club (STC) Fri-Thu 10
Frozen (G) Sat 11:15-12 Sun 12
Frozen 3D (G) Fri-Thu 2:35-5:15-7:50
The Hobbit: The Desolation of Smaug (PG) Fri-Sat 9:30 Sun 9:50 Mon-Thu 9:30
I, Frankenstein (PG) Fri 3:05-5:30-8:15-10:45 Sat 8:15-10:45 Sun 12:55-3:20-5:45-8:15-10:45 Mon-Tue 3:05-5:30-8:15-10:45
Jack Ryan: Shadow Recruit (PG) Fri 2:30-5:05-8-10:35 Sat 2:50-5:25-8-10:35 Sun 12:15-2:50-5:25-8-10:35 Mon 1:45-4:20-7:45-10:35 Tue-Thu 2:30-5:05-8-10:35
Labor Day (STC) Fri 1:45-4:20-7:20-10:10 Sat-Sun 2-4:35-7:20-10:10 Mon-Thu 1:45-4:20-7:20-10:10
The LEGO Movie (STC) Fri 1:50-4:25-7 Sat 11:15-11:35-1:50-4:25-7 Sun 11:55-2:20-4:45-7:20 Mon-Thu 1:50-4:25-7 Star & Stroll-

ers Screening Wed 11
The LEGO Movie 3D (STC) Fri 2:15-4:50-7:40-10:10 Sat 11-12:05-2:30-5:05-7:40-10:10 Sun 12:05-2:30-5:05-7:40-10:10 Mon-Thu 2:15-4:50-7:40-10:10
Lone Survivor (14) Fri 1:30-4:20-7:20-10:20 Sat-Sun 1:20-4:20-7:20-10:20 Mon 1:30-4:20-10:20 Tue-Thu 1:30-4:20-7:20-10:20
The Metropolitan Opera: Rusalka (STC) Sat 1:55
The Monuments Men (STC) Fri 1:30-4:30-7:20-10:20 Sat-Sun 1:20-4:20-7:20-10:20 Mon-Tue 1:30-4:30-7:20-10:20 Wed 1:55-4:40-7:30-10:20 Thu 1:55-4:40-7:20-10:20
The Nut Job (STC) Fri 2:25 Sat 11-1:10 Sun 1 Mon-Thu 2:25
The Nut Job 3D (STC) Fri 5:15-7:50 Sat-Sun 3:15-5:30-7:50 Mon-Thu 5:15-7:50
Ride Along (14) Fri 2:55-5:25-8:10-10:40 Sat-Sun 12:40-3:10-5:40-8:10-10:40 Mon-Thu 2:55-5:25-8:10-10:40
RoboCop (STC) Wed-Thu 1:40-4:40-7:40-10:30
That Awkward Moment (STC) Fri 2:50-5:15-8-10:35 Sat-Sun 12:40-3:05-5:30-8-10:35 Mon-Thu 2:50-5:15-8-10:35 Star & Strollers Screening Wed 11
Vampire Academy (STC) Fri 2:25-5-8-10:40 Sat-Sun 12:10-2:45-5:20-8-10:40 Mon-Thu 2:25-5-8-10:40

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August: Osage County (14) Fri 9:15 Sat-Sun 9:30 Mon-Thu 9:15
Frozen (G) Sat-Sun 1:10
Frozen 3D (G) Fri 6:55 Sat-Sun 3:45-6:55 Mon 6:35 Tue 6:55
I, Frankenstein 3D (PG) Fri-Sun 9:35 Mon 9:10 Tue 9:30
Labor Day (STC) Fri 6:50-9:30 Sat-Sun 1:20-4:05-6:50-9:30 Mon-Thu 6:50-9:30
The LEGO Movie (STC) Sat-Sun 1:30
The LEGO Movie 3D (STC) Fri 6:40-9:10 Sat-Sun 4-4:50-6:40-9:10 Mon-Tue 6:40-9:10 Wed-Thu 6:55-9:25
The Monuments Men (STC) Fri 6:30-9:15 Sat-Sun 12:50-3:20-6:30-9:15 Mon-Thu 6:30-9:15
The Nut Job (STC) Sat-Sun 12:30
The Nut Job 3D (STC) Fri 7 Sat-Sun 2:40-7:15 Mon-Thu 7
Ride Along (14) Fri 6:45-9:20 Sat-Sun 12:40-3:05-6:45-9:20 Mon-Thu 6:45-9:20
RoboCop (STC) Wed-Thu 6:40-9:25
That Awkward Moment (STC) Fri 7:10-9:40 Sat-Sun 1-3:35-7:10-9:40 Mon 6:50-9:20 Tue-Thu 7:10-9:40



Valentine's DIY

Here at Steven and Chris, we just adore Valentine's Day! It's the perfect time to celebrate the people who surround us with love every day. Here are a few ideas that will help you say, "I love you" to your someone special. For more tips, watch Steven and Chris weekdays at 2 p.m. on CBC.

ALL PHOTOS AND TEXT PROVIDED BY STEVEN AND CHRIS



Heart-mallows

Show you care with a jar of heart-shaped marshmallows. They're the perfect treat for anyone with a sweet tooth!

What you need:

- Large marshmallows
- Heart-shaped cookie cutters
- Vegetable oil
- Small Mason jar
- Red and pink ribbon

Method:

1. Cut the marshmallows in half.
2. Dip the cookie cutters into vegetable oil and press into the halved marshmallow. The vegetable oil will prevent your cookie cutter from sticking to the marshmallow.
3. Package in a glass jar with a pretty ribbon.

Hopeless Romantic Cocktail

Valentine's Day is a great excuse for spending time with people you love. Whether you're with someone special or enjoying a single girls' night-in, this Hopeless Romantic cocktail will definitely get you drunk on love.

What you need:

- 0.25 oz of lemon juice
- 0.25 oz of orange juice
- 0.25 oz of pineapple
- 1.5 oz Aperol
- 2 oz prosecco or champagne

Method:

1. Combine pineapple, orange and lemon juice.
2. Add the prosecco and Aperol.
3. Strain and serve in a tall glass.
4. Garnish with pineapple slices.
5. Add straws with festive toppers.



Crayon Hearts

Kids will love this multicoloured heart crayon, and parents will really love how they'll keep their little hands busy — and away from sugary temptations!

What you need:

- Baking silicone heart-shaped moulds
- Cellophane bags
- Red paint or construction paper
- Multicoloured broken crayons
- Red staples
- Template from cbc.ca/stevenandchris

Method:

1. Take a silicone heart-shaped mould and fill it with left-over crayon bits.
3. Bake in the oven at 230 F for 15 minutes.
4. Let cool and remove from moulds.
5. Place crayon hearts in clear gift bags from a craft or dollar store.
6. Print love note using template and staple onto bags.

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Filmmaking gets a little more Femme

Femmes Lab. What started as a wild idea at the Whistler Film Festival has turned into a screenplay writing boot camp for six lucky women



**RICHARD
CROUSE**
scene@metronews.ca

Filmmaker Ingrid Veninger says the pitch for the script writing initiative Femmes Lab, "could have back-fired badly."

The actor-turned-director-turned-Renaissance-woman was on stage at the Whistler Film Festival in December receiving an EDA award from the Alliance of Women Film Journalists for her latest film, *The Animal Project*, when a notion struck her.

"I started to talk about the Femmes Lab at the podium," says Veninger. "Six Canadian

women will write six screenplays in six months. Then I took the leap to invite someone to step up for \$6,000. At first the room was silent. So, I started counting down: 6, 5 ... and before I hit 4, a woman shot her arms in the air and said, 'I'll do it!' My heart was racing and it was only later I realized it was Melissa Leo. Melissa approached me quietly and said, 'This is going to happen. I will get you a cheque before the end of the year.' And, she did."

For her donation, the Frozen River Academy Award winner Leo gets a first look at six scripts written by a hand-picked group of female Canadian writers and directors including Veninger, Danishka Esterhazy, Michelle Latimer, Sophie Deraspe, Anais Granofsky and Mars Horodyski.

"It's not your traditional kind of script development," says Veninger, "that's for sure. It's almost more like a coven. We're not actually casting spells, as we conjure these new screenplays, but sort of.



Ingrid Veninger. CONTRIBUTED

The nuts and bolts is that we meet in person once a month from January until June, mostly in Toronto. And, month to

month we each have to move our screenplays forward, so that by the end of June, we have six completed scripts. But

Quoted

"I can say that in my past 20 years of making movies, I have not experienced anything like this. First off, the six of us are very different and we bring a diverse range of experiences and perspectives to the table."

Ingrid Veninger on writing a script in the Femmes Lab

what happens in the actual lab session is a secret. I can say that in my past 20 years of making movies, I have not experienced anything like this. First off, the six of us are very different and we bring a diverse range of experiences and perspectives to the table. Our sessions are minimally nine hours, but can also last the whole weekend."

One of the participants, Mars Horodyski, said, "For me the pUNK Films Femmes Lab offers a supportive creative space where you are encouraged to do something different, brave and representative of who you really are. Something really special happens when you get a group of

women together to collaborate in this way. It's different from anything I've ever been a part of and I'm excited to see the outcome."

Veninger says this edition of pUNK Films Femmes Lab is likely to be "a one time thing. I'm happy to spark the fire, but it's most exciting to see how others keep it going."

It seems that spark is about to ignite.

"After Whistler, I received a message from a filmmaker in L.A. saying, 'we should do a Femmes Lab in Los Angeles', and my response was, 'go ahead and do it. Make it happen. We have nothing to lose. Now is the time.'"



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Prince of pop is back with new sound

Plectrum Electrum.

Enigmatic star kicks off string of London gigs with session in fellow musician's living room

When Prince came to London a few years ago, he played more than 20 nights at the vast O2 arena. This time, he played a suburban living room to a dozen people.

The enigmatic star flew into London on Tuesday at the start of a still-evolving string of dates in support of forthcoming album Plectrum Electrum, recorded with all-female trio 3RDEYEGIRL.

Details are being released in a trickle, but Prince said he planned to play "iconic" venues along the lines of music club the Bag o' Nails — where Jimi Hendrix once played — as well as storied rock venue Electric Ballroom and Ronnie Scott's jazz club.

"We'll work our way up, if people like us, to bigger venues," Prince said.

His first stop was the East

Intimate venues

"We'll work our way up, if people like us, to bigger venues."

Prince, on playing small, iconic clubs

London home of British soul singer Lianne La Havas, who met Prince last year while she was touring the United States. The pair bonded over common musical tastes and a shared love of tea.

In her cozy living room in front of a crackling fire, the band played two acoustic tracks of what Prince called their "funky rock 'n' roll," or "funk 'n' roll," including the newly released single PretzelBodyLogic.

Later, Prince and the band showed off its funk-laced, punk-edged sound in an unannounced late-night set at the Electric Ballroom, a landmark venue in north London's music heartland of Camden. He said he'd be back at the club on Wednesday "a lot earlier and a lot funkier."

The trip to London, he said, is "open-ended."

"We're going to be here until people don't want to hear us anymore."

Prince said he planned to keep ticket prices as low as \$10, "because it's a new band and you're maybe not hearing what you'd expect."

The tracks on the new album were developed during

epic jam sessions at Prince's Paisley Park studios near Minneapolis.

"We've been together for over a year and it's perfect," said Prince, who sipped a mug of strong tea with honey as he chatted to La Havas, her housemates and three journalists in the British singer's brick Victorian house. "The more we play, the more fun

it is, and addictive it is."

Prince looked every inch the star in the incongruous surroundings, dressed head-to-toe in black and sporting a furry jerkin and large sunglasses.

The multinational 3RDEYEGIRL is made up of Danish bassist Ida Nielsen, Canadian guitarist Donna Grantis and American drum-

mer Hannah Ford. Ford said the band sometimes jammed for 12 hours or more in days and nights of music interspersed with games of ping pong.

"That's our amazing life," she said. "And we wouldn't want it any other way. We are literally living a musician's fairy tale, and it is now our reality." **THE ASSOCIATED PRESS**



Prince performs in London, England, in support of the forthcoming album Plectrum Electrum, recorded with all-female trio 3RDEYEGIRL.

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Celeb chow-palace elevator pitches

With a meaty spot après Duck Dynasty, A&E gave Wahlburgers a real chance to sizzle. The show centres around the famous family's burger joint run by Paul, the bro you don't know, but Hollywood heavyweight Mark and NKOTB alum Donnie show up to beef up the cast. With a bounty of entertainer eateries ripe for reality treatment, if Wahlburgers hits the ratings spot, expect networks to keep ordering up. Here are our ideas for some celeb-food-TV mash-ups.

MIKE DOJC
scene@metronews.ca

Jon Bon Jovi

Jon Bon Jovi's Soul Kitchen is a converted auto shop in Red Bank, N.J., where patrons can pay-what-they-can, or volunteer to earn a meal voucher. This is big-hearted, pass-the-tissue-box reality TV waiting to happen.

The community restaurant where you are often seated with strangers could put visiting stars on a TV show version across the table from everyday people, with Undercover Boss-style life story spilling sessions. Watch for Jovi's pop, John Bongiovi, Sr. The 74-year-old silver fox has a trio of pasta sauces sold in stores in the Garden State and also available online for orders anywhere in North America. The series could be called Living on Puttanesca.



Vince Neil

The crowded intersection of music and meatballs is paved with scores of swank and sleazy show-ready bistros, hipster cafés and glorified dives.

At Tatuado EAT-DRINK-PARTY!, Motley Crüe front man Vince Neil's latest Vegas bar & grill, you can sip on a crowd-attracting bolstering concoction called Drunk Goggles, a quartet of flavored rums mixed with cranberry and pineapple juices.

It's the perfect elixir for Inked & Eligible, a speed-dating show we think would get people tuning in.



Lady Gaga

Lady Gaga's parents Joe and Cynthia serve up familiar Italian fare on Manhattan's upper west side. Entrees at Joanne Trattoria cover all the bases, from wood-stone oven pizzas and eggplant parmesan to pappardelle with pulled pork rib ragu.

While the menu is devoid of shock value, Gaga has vouched for its deliciousness, going so far as blaming the place for expanding her waistline. We imagine a show called Eat This Way, where two disparate constituencies such as hungry marathon runners and thin, aspiring plus-sized models commune at the Germanotta family establishment to carb-load before big races and casting calls.



Paulina Gretzky

In the world of sports dining, jock-sized portions of chops and juicy porterhouses are par for the course. Wayne Gretzky may have been the most elegant skater and mesmerizing stick-handler in hockey history, but in the celebrity eatery game his restaurant wouldn't crack the all-star team.

Instead, we think a show called The Paulina Project — where the selfie queen and her friends and hangers-on are tasked with giving her father's eponymous restaurant on 99 Blue Jays Way in Toronto a total makeover — would score big. The only thing off limits is Grandma Gretzky's delectable duck-fat fried cheddar and potato perogies. Those moon-shaped morsels are a hall of fame-worthy appetizer.



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Pussy Riot. Recently-freed members and Madonna speak at Amnesty concert

Instead of singing, Madonna and members of Pussy Riot spoke with passion about human rights issues at a concert for Amnesty International.

Madonna told the crowd of thousands Wednesday night that she received death threats for standing up for Pussy Riot, a Russian protest punk band, when two of its members were arrested for hooliganism after staging a protest in a Russian church in 2012.

"The right to be free, to speak our minds, to have an opinion, to love who we want to love, to be who we are ... do we have to fight for that?" the pop icon said, answering her own question with an expletive.

At the Barclays Center in Brooklyn, Madonna introduced Maria Alyokhina and Nadezhda Tolokonnikova, who were released from prison in December and made their first public appearance in the U.S. on Tuesday.

They spoke through a translator at the Bringing Human Rights Home concert, telling the audience they were grateful to be free but have to continue to fight to save others who are imprisoned.

Alyokhina and Tolokonnikova thanked supporters



Pussy Riot, or not?

Music website Pitchfork reported Thursday that members of Pussy Riot posted an open letter on their Livejournal, stating that Alyokhina and Tolokonnikova are no longer members of Pussy Riot, as their focus has primarily become prison reform and not the ideals of the group.
METRO

for sending letters while they were in jail and Amnesty International for its mission to protect human rights.

The Moscow-based group, which features nearly a dozen female musicians, has been critical of Russian President Vladimir Putin and political conditions in their homeland.

While Madonna and Pussy Riot didn't perform, the Flaming Lips and Yoko Ono closed the more than four-hour event, while Imagine Dragons were crowd favourites with their hit Radioactive. THE ASSOCIATED PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Sorkin delivers candid opinion on Hoffman death

MELINDA TAUB
Metro World News

Philip Seymour Hoffman and writer Aaron Sorkin worked together only once, on Sorkin's film Charlie Wilson's War. But they had an important thing in common: They were both recovering addicts.

In the wake of Hoffman's death, the Newsroom creator is sharing some of his conversations with him. In an obituary for Time, he writes that Hoffman told him, "If one

of us dies of an overdose, probably 10 people who were about to won't." In other words, Sorkin writes, the death of a famous addict might scare a few other people on the edge into getting clean, and that's why, he says, it's important to be clear that Hoffman didn't die because he did heroin wrong, but because he did it at all.

"(Hoffman) did not die from an overdose of heroin — he died from heroin. We should stop implying that if he'd just taken the proper amount then everything would have been fine.

"He didn't die because he was partying too hard or because he was depressed," he added, "He died because he was an addict.

Vanity Fair offers Paltrow olive branch despite feud

This should be interesting.

Despite the feud between Gwyneth Paltrow and Vanity Fair, during which she reportedly instructed A-list friends to not work with the magazine or attend its events because of its planned "epic take-down" of her, editor Graydon Carter has included Paltrow on the invite list for its annual Oscar party, according to E! News.

Whether or not she attends, however, is yet to be seen. Carter did divulge, though, that rumours of plans for a counter-party were apparently fabricated. "There were reports that she was trying to scuttle our annual Oscar party, that she was going to organize a competing dinner," Carter says. "The Paltrow camp subsequently denied both claims."



Gwyneth Paltrow ALL PHOTOS GETTY IMAGES

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Liquid Assets

Pinot Gris vs. Pinot Grigio



LIQUID ASSETS
Peter Rockwell
@therealwineguy
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Here's a question I was asked this week: Why do some vineyards call their wines Pinot Gris while others use Pinot Grigio?

Well, the white grape is French so Pinot Gris is its original name. Italy grows a clone of Pinot Gris that they call Pinot Grigio, well, because they're Italian, and which is lighter and crisper than the French versions.

Lots of other countries grow Pinot Gris and deciding on how to spell it is a combination of flavour profile and marketing savvy. Some feel Gris sounds more sophisticated. Others produce a richer wine that they think compares to a French Pinot Gris so go with that spelling.

Since the popularity of Pinot Grigio is undeniable (which translates to profitable) the majority of countries who grow Gris choose to use it.

South Africa's Two Oceans 2013 Pinot Grigio (\$10.25 - \$11.29) is a great example. Clean, bright and relaxed, it pays enough homage to its Italian cousins to make it more than worthy of the name.

Try with mussels, white fish, chicken, vegetable dishes and semi-soft cheeses. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**



Skip tired steak rub and opt for Asian influence

Pan Seared Flank Steak and Daikon Slaw. Dress up the classic cut of meat

Start by marinating the flank steak in five-spice powder, rice vinegar and soy sauce. Then while the steak is absorbing all those rich flavours, grate a daikon radish (they resemble giant white carrots, but have a mild peppery bite) and toss it with grated fresh ginger, scallions and red bell pepper for a simple slaw with just enough assertiveness to cut through the savory heft of the steak.

If you want to keep this dish lean, serve it over brown rice. But if you are willing to embrace carbs, try it on a bun.

1. In zip-close plastic bag, mix black pepper, five-spice powder, red pepper flakes, 3 tablespoons of the vinegar and soy sauce. Add flank steak, seal bag,

Ingredients

- 1/2 tsp ground black pepper
- 1 tsp five-spice powder
- 1/2 tsp red pepper flakes
- 4 1/2 tbsp rice vinegar, divided
- 2 tbsp low-sodium soy sauce
- 1 lb flank steak
- 1 cup shredded daikon radish, patted dry with paper towels
- 1 red bell pepper, cored and sliced into thin matchsticks
- 1 1/2 tsp grated fresh ginger
- Pinch of salt
- 4 scallions, thinly sliced
- 1 tbsp canola or vegetable oil



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This recipe serves four. MATTHEW MEAD/THE ASSOCIATED PRESS

then turn to coat evenly. Refrigerate for at least 30 minutes or up to 2 hours.

2. Meanwhile, in bowl, stir together the daikon radish, bell pepper, ginger, salt, the remain-

ing 1 1/2 tablespoons of vinegar and the scallions. Set aside.

3. When you are ready to cook the steak, in a large skillet over medium-high, heat the oil. Add the steak and sear for 4 minutes

per side, or until desired doneness. Allow the steak to rest on a cutting board for 8 minutes. Slice the steak thinly across the grain, then serve with the slaw.

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Putting a modern twist on an ancient art

Rediscovering tie-dye.

Designer collections embrace the hand-crafted beauty of Japanese shibori

From tablecloths, duvet covers and iPhone cases to wallpaper and startling calf-skin wall hangings, the ancient Japanese resist-dyeing technique of shibori has gone mainstream. Vera Wang, Ralph Lauren, Eileen Fisher, Levi's and innumerable fibre artists are breathing new life into the craft.

"The stillness and beauty of it really centres me," said Oriana DiNella, who recently launched her own web-based shibori line, including linen tableware, pillows, throws and large leather wall hangings, all made to order and hand-dyed in organic indigo.

"It feels like a rebellion against the fashion movement, where everything seems so fast and disposable," the New York-based designer explained.

Today's incarnations are as different from their early Japanese predecessors as they are from the wild, tie-dyed

pieces that became emblematic of the '60s and '70s.

There's a sense of timelessness and calm to the modern shibori pieces, and also a renewed focus on workmanship and functionality.

"I love the bleeds, the fluidity of it. I love how the light shades of indigo can be so pale and watery and the navies can be such a deep, deep blue," DiNella said.

Brooklyn designer Rebecca Atwood uses modern fibre-reactive dyes for her Blauvelt Collection, which includes pillows and pouches. And home-design purveyor Eskayel is creating the look of shibori patterns using ink, water and watercolours, followed by digital printing techniques.

"We have wallpaper, rugs, fabric, pillows, baskets, iPhone cases, stationery, prints and wall hangings. Oh, and poufs," said founder and creative director Shanan Campanero, when asked about the company's shibori-inspired offerings.

Compared to the tie-dyes of a generation ago, she said, today's shibori-inspired works feature patterns that are more careful, deliberate and traditional.

Vera Wang's collection is centred on bedding, while Ralph Lauren's features swim trunks and clothing. Levi's has even come out with shibori-inspired jeans. But while mass-produced items lack the nuanced appeal of handcrafted works, they bring a surprising touch of texture and pizzazz to the familiar.

Despite widespread interest in shibori in the West, "we are

still concerned with its survival in Japan," explained Yoshiko Iwamoto Wada, author of Shibori, and Memory on Cloth.

"Adapting shibori to something contemporary is the key to its survival," she said. "When the big designers come out with it and young artists take it in new directions, then more people here and in Japan start to pay attention."

THE ASSOCIATED PRESS



Table linens patterned on shibori. DAVID MALOSH/ORISHIBORI.COM/THE ASSOCIATED PRESS

Technique takes shape

Shibori is slow. It takes time, and has been around since about the 8th century. The word comes from the Japanese shiboru, meaning "to wring, squeeze or press."

- The technique involves twisting, tying, crumpling, stitching or folding fabric — usually silk or cotton — in various ways, transforming the two-dimensional material into a sculptural, three-dimensional form.
- This sculptural shape is then traditionally dyed, originally using indigo, although a huge variety of colours and dyes are now used.
- Sometimes, the same fabric is then twisted in some other way and then dyed again. When the wrappings are removed, the folds and creases where the fabric resisted the dye form distinctive crinkled textures and patterns.

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Halifax Mooseheads head coach Dominique Ducharme during a recent practice. JEFF HARPER/METRO

No rest with 15 games left for Mooseheads

QMIHL. Head coach Dominique Ducharme looking to get team playoff ready



ANDREW RANKIN
andrew.rankin@metronews.ca

The Halifax Mooseheads have already clinched a playoff spot and could very well enter the post-season atop the league standings, but none of this seems top of mind for Dominique Ducharme.

"Not at all," said the Mooseheads head coach. "We concentrate on the way we play, that's it. We want to keep improving on our game."

Quoted

"There's nothing we can do about injuries. We don't waste our time feeling sorry for ourselves."

Dominique Ducharme

We play a good team on Saturday night here. We know it's going to be a playoff-type game."

Entering Saturday's home game against the eighth-place Rimouski Oceanic (29-15-3-4), the Mooseheads sit as the No. 3 team in the league, and just seven points out of first place overall.

The Mooseheads have 15 games left on their regular-season schedule, nine of which are at home. They'll play four games over the next

seven days, all against teams with winning records (Oceanic, Moncton Wildcats, Cape Breton Screaming Eagles and Gatineau Olympiques).

"We're not looking that far ahead," Ducharme said of this next stretch of games. "Our job is to take what we did in our last games on the road and build on that, to get better."

The Herd is preparing for the weekend, which includes a stop in Moncton on Sunday, without the services of their

top-line forward Philippe Gaudouy as well as defenceman Brian Lovell, who have been out of the lineup the last three and two games, respectively, dealing with lingering concussion symptoms.

There is no timetable on either players' return.

But unexpected injuries and hard knocks are a fact of hockey, and Ducharme isn't dwelling on them.

"Hopefully they'll get better sooner, rather than later and be back strong," said Ducharme. "But, there's nothing we can do about that. It's never fun but you can only control what you can control."

The Mooseheads announced on Thursday that Saturday's game against the Oceanic is a sellout.

Tankard

Dacey, Murphy lead the pack

Mayflower's Mark Dacey and Lakeshore's Jamie Murphy sit tied atop the standings through two days of action at the Nova Scotia Tankard men's curling championships at the Halifax Curling Club.

Dacey won his first two games on Thursday to improve to 4-0, but tasted defeat for the first time in the evening draw, losing 10-6 to fellow Mayflower member Chad Stevens, who is at 3-2.

Murphy won all three of his games on Thursday to improve to 4-1 and into a tie with Dacey.

Action continues throughout the weekend, with the final slated for Sunday. **METRO**

Scotties

Nova Scotia falls to P.E.I. in Montreal

Heather Smith and Team Nova Scotia dropped its only game Thursday at the Scotties Tournament of Hearts women's curling championship in Montreal.

Smith, who went into the day eliminated from playoff contention, fell 7-5 to Prince Edward Island.

She now stands at 3-7, with her final game Friday morning against Quebec.

METRO



Heather Smith THE CANADIAN PRESS

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St. Louis gets the call to take Stamkos' place

Hockey. Last season's Art Ross trophy winner will replace younger Lightning teammate on Team Canada

Martin St. Louis is going to get a chance to represent his country at the Winter Olympics after all.

Hockey Canada announced Thursday that the 38-year-old Tampa Bay forward will replace injured Lightning teammate Steven Stamkos on Canada's men's hockey team at the Sochi Olympics.

"I heard from Stammer that he wasn't going to go, so I knew it was a possibility," St. Louis told reporters in Tampa on Thursday. "So I guess I was prepared for it."

St. Louis said he felt bad for Stamkos, who tried hard to come back from a broken right tibia he suffered in a Nov. 11 game before being ruled out of Olympic competition by the Lightning's medical staff on Wednesday.

"I think we've got to understand how hard he's tried and worked to put himself in the position he's in and give himself a chance," St. Louis said.

"Obviously he's disappointed and I'm dis-



Martin St. Louis leads the Lightning to the ice for warm-ups before Thursday's 4-1 loss to Maple Leafs at the Tampa Bay Times Forum on Thursday. Go to metronews.ca for coverage of the Leafs' win. MIKE CARLSON/GETTY IMAGES

appointed for him. Stamkos is a true professional and he's done everything he can this past month to get back to the Lightning first and hopefully to Team Canada."

St. Louis was considered one of Canada's most surprising snubs when Canada's team was first announced, along with Philadelphia forward Claude Giroux and Pitts-

burgh forward James Neal.

The Laval, Que., native led the league in points in the 2012-13 shortened season with 17 goals and 43 assists in 48 games.

He is having another strong campaign in 2013-14 with 54 points (25 goals, 29 assists) in 56 games, good for 11th in the league.

THE CANADIAN PRESS

After the snub

10

Martin St. Louis went on a 10-game point streak (eight goals, six assists) for the Lightning starting Jan. 7, the day the team was announced. He said the snub had nothing to do with his increased production, but his play of late might have given him the edge over Claude Giroux and James Neal.

Slopestyle. Teammates rise above McMorris in Olympic qualifiers

Mark McMorris looked up at the scoreboard at Rosa Khutor Extreme Park on Thursday, shook his head and then voiced his displeasure.

The Canadian snowboarding star thought he had nailed his second run in the men's slopestyle qualifying round at the Sochi Olympics. The judges didn't agree and now the Regina native has to go through the semifinal round in order to advance to Saturday's final.

"I was bummed because I really had no thought in my mind that I wasn't in there," McMorris said. "I thought for sure I was going to be in. So it's kind of like a shot to the heart."

The top four riders in each of the two heats advanced straight to Saturday's 12-man final. McMorris, who finished seventh in his heat with 89.25 points, will compete in the semifinal earlier that day with 20 other riders who will be vying for the four remaining spots.

Reigning X Games champion Maxence Parrot of Bromont, Que., led the 29-man field with 97.50 points. Sebastien Toutant of L'Assomption, Que., also qualified for the final with a third-place finish in his heat (87.25).

Spencer O'Brien of Courtenay, B.C., reached the women's final with a third-place effort (82.75) while Jenna Blasman of Kitchener, Ont., was sixth in her heat (60.25) and will settle for a semifinal appearance.



Mark McMorris during his run on Thursday in Sochi GETTY IMAGES

McMorris has done well just to be in a position to compete at the Games after breaking his rib two weeks ago in a crash at the X Games. He has been medically cleared but the pain still bothers him, though he feels it's manageable.

"Tweaks all the time but it's like a five-minute fix," he said. "It goes away. It's hurting mentally right now more than anything. I didn't get the score I wanted."

Big things are still expected from McMorris, a former X Games champion himself. He fell in his first run but had a clean, technically strong second run.

THE CANADIAN PRESS

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Friday, February 7
W Hockey vs UdeM, SMU Alumni Arena, 7pm

Saturday, February 8
Tigers Track Classic @ The Canada Games Centre
Jump events start at 9am, Track events start at 12pm
Basketball vs MUN, W 6pm, M 8pm
W Hockey vs StFX, SMU Alumni Arena, 7pm

Sunday, February 9
Basketball vs MUN, W 11am, M 1pm

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Canada's Justine Dufour-Lapointe reacts after a qualifying run in the women's moguls at the Rosa Khutor Extreme Park on Thursday in Sochi. Justine and her sisters Chloe and Maxime all qualified for Saturday's final. ANDY WONG/THE ASSOCIATED PRESS

Ski sisters clinch spots in finals

Women's moguls.

Dufour-Lapointe sisters, Audrey Robichaud place in top 10 in qualifiers

The Dufour-Lapointe sisters all have a spot in the women's moguls finals at the Sochi Olympics.

Defending champion Hannah Kearney of the United States cruised through qualifying on Thursday, posting a score of 23.05, well clear of Montreal's Chloe Dufour-Lapointe (22.64) for the top spot.

Justine Dufour-Lapointe (22.28) took third and Maxime Dufour-Lapointe (20.88) finished eighth, assuring all three sisters a spot in the finals.

All three sisters declined to speak to the media after qualifying to concentrate on preparing for Saturday's final. Quebec City's Audrey Robichaud also qualified, placing ninth with a score of 20.61.

It's a return to Olympic competition for Robichaud, who qualified for the 2006 Turin Olympics at age 17 before missing out on the 2010

Quoted

"It feels good to be back."

Audrey Robichaud, who nearly missed out on the Sochi games due to a knee injury.

Vancouver Games.

She nearly missed out on these Games due to a knee injury that sidelined her for part of the season.

"I really made a lot of progress, but the fact that I had not skied in competition last month worried me a little," Robichaud said. "It feels good to be back."

Kearney, the defending Olympic champion, posted the second-fastest time down the hill and highlighted it with a pair of well executed if not quite perfect jumps that allayed any concerns about the course's safety.

"I think that everywhere we go, every World Cup venue, we show up and say, 'Oh, my god. How are we going to make it down this course? This is impossible,'" Kearney said.

After some tweaking by officials, the slopes of the Caucasus Mountains looked no different than most other moguls events over the last four years. **THE CANADIAN PRESS**

Did you know?

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Freestyle skiing dates back more than 100 years, with records of skiers performing somersaults on skis at the start of the 20th century in Norway, Italy and Austria. The first professional competitions were in 1971, and it entered the Olympic program in 1992.

Inter-Canadian duel

Defending moguls champion Alex Bilodeau's toughest competition could come from Canadian teammate Mikael Kingsbury, pictured.



Team figure skating. Pairs put Canada in second place

Patrick Chan did a mock baton pass to teammates Meagan Duhamel and Eric Radford down in the warmup area of the Iceberg Skating Palace between events Thursday night.

Canada's pairs team took it and ran.

Duhamel and Radford had perhaps the skate of their careers Thursday to put Canada in second place of the inaugural team figure skating event at the Sochi Olympics, just two points behind Russia.

Duhamel, from Lively, Ont., and Radford, from Balmerston, Ont., were second in the pairs short program after three-time world champion Chan finished third in the men's short.

"I think that was the greatest feeling," said Duhamel, who clasped both hands over her mouth after the music stopped. "It's not the points, it's not the winning, it's not Canada winning a medal."

"To perform like that and finish our program with that feeling we had, it's every athlete's dream here in Sochi and at any Olympics, and we just did it, we just lived the ultim-



Patrick Chan in Sochi on Thursday. GETTY IMAGES

ate moment of every athlete in the world."

Russia leads with 19 points after Tatiana Volosozhar and Maxim Trankov finished first in the pairs short and veteran Evgeni Plushenko was a surprising second in the men's event. China is third with 15 points.

The team event continues with the short dance, women's short program and pairs long program Saturday.

THE CANADIAN PRESS

WHAT CANADA DID

THURSDAY

SNOWBOARD

Men's Slopestyle Qualification - Heat 1: y-Sebastien Toutant, L'Assomption, Que., 3rd (87.25); x-Charles Reid, Mont-Tremblant, Que., 9th (75.50); **Heat 2:** y-Maxence Parrot, Bromont, Que., 1st (97.50); x-Mark McMorris, Regina, 7th (89.25).

Ladies' Slopestyle Qualification - Heat 1: y-Spencer O'Brien, Courtenay, B.C., 3rd (82.75); **Heat 2:** x-Jenna Blasman, Kitchener, Ont., 6th (60.25). y - advances to final; x - advances to semifinal

FREESTYLE SKIING

Ladies' Moguls Qualification - y-Chloe Dufour-Lapointe, Montreal, 2nd (22.64); y-Justine Dufour-Lapointe, Montreal, 3rd (22.28); y-Maxime Dufour-Lapointe, Montreal, 8th (20.88); y-Audrey Robichaud, Quebec City, 9th (20.61). y - advances to final

FIGURE SKATING

Team Men Short Program - Patrick Chan, Toronto, 3rd (89.71).

Team Pairs Short Program - Meagan Duhamel, Lively, Ont., and Eric Radford, Balmerston, Ont., 2nd (73.10)

THURSDAY'S RESULTS

FIGURE SKATING

At Sochi, Russia

Team Event

Men's Short Program

1. Yuzuru Hanyu, Japan, 97.98; 2. Evgeny Plushenko, Russia, 91.39; 3. Patrick Chan, Toronto, 89.71; 4. Yan Han, China, 85.52; 5. Florent Amodio, France, 79.93.

6. Peter Liebers, Germany, 79.61; 7. Jeremy Abbott, United States, 65.65; 8. Yakov Godorozha, Ukraine, 60.51; 9. Matthew Parr, Britain, 57.40; 10. Paul Bonifacio Parkinson, Italy, 53.94.

Pairs Short Program

1. Tatiana Volosozhar and Maxim Trankov, Russia, 83.79; 2. Meagan Duhamel, Lively, Ont., and Eric Radford, Balmerston, Ont., 73.10; 3. Peng Cheng and Zhang Hao, China, 71.01; 4. Stefania Bertoni and Ondrej Hotarek, Italy, 70.31; 5. Marissa Castelli and Simon Shnapir, United States, 64.25; 6. Maylin Wende and Daniel Wende, Ger-

many, 60.82; 7. Vanessa James and Morgan Cipres, France, 57.45; 8. Narumi Takahashi and Ryoichi Kihara, Japan, 46.56; 9. Julia Lavrentieva and Yuri Rudyk, Ukraine, 46.34; 10. Stacey Kemp and David King, Britain, 44.70.

SNOWBOARD

At Krasnaya Polyana, Russia

Top 3 results from each Heat

QUALIFYING

(Start position in parentheses)

Heat One - Run One

1. (12) Preetu Piironen, Finland, 90.75; 2. (10) Chas Guldemand, United States, 86.00; 3. (5) Niklas Mattsson, Sweden, 82.75.

ALSO

5. (7) Sebastien Toutant, L'Assomption, Que., 74.25; 8. (3) Charles Reid, Mont-Tremblant, Que., 54.50.

Run 2

1. (8) Staale Sandbech, Norway, (45.25; 94.50) 94.50; 2. (7) Sebastien Toutant, L'Assomption, Que., (74.25; 87.25) 87.25; 3. (14) Jamie Nicholls, Britain, (62.25; 86.75) 86.75.

Also

7. (3) Charles Reid, Mont-Tremblant, Que., (54.50; 75.50) 75.50.

Heat 2 - Run 1

1. (6) Sven Thorgren, Sweden, 94.25; 2. (4) Maxence Parrot, Bromont, Que., 91.75; 3. (10) Clemens Schattschneider, Austria, 90.00.

Also

12. (9) Mark McMorris, Regina, 29.50.

Run 2

1. (4) Maxence Parrot, Bromont, Que., (91.75; 97.50) 97.50; 2. (3) Roope Tonteri, Finland, (33.75; 95.75) 95.75; 3. (1) Gjermund Braaten, Norway, (12.75; 91.25) 91.25.

Also

5. (9) Mark McMorris, Regina, (29.50; 89.25) 89.25.

Final Ranking

1. Maxence Parrot, Bromont, Que., (91.75; 97.50) 97.50 (QF); 1. Staale Sandbech, Norway, (45.25; 94.50) 94.50 (QF); 2. Roope Tonteri, Finland, (33.75; 95.75) 95.75 (QF); 3. Sven Thorgren, Sweden, (94.25; 36.75) 94.25 (QF); 3. Sebastien Toutant, L'Assomption, Que., (74.25; 87.25) 87.25 (QF).

Also

7. Mark McMorris, Regina, (29.50; 89.25) 89.25 (QS); 9. Charles Reid, Mont-Tremblant, Que., (54.50; 75.50) 75.50 (QS).

Defending Mother Russia

Ovechkin to critics: Knock it off

The Russian Olympian and face of the Games told reporters at the Washington Capitals' morning skate Thursday that people were going out of their way to find faults with the host city.

"I've been in three Olympic games. And I remember Torino and Vancouver and nobody said about something bad in Vancouver or Torino," Alex Ovechkin said in Arlington, Va. "And why you guys always have something, try to find some bad things in Sochi ..."

"Enjoy it and don't like find like bad stuff out there. Everything, like, in Torino we lived where construction was and nobody say about that."

Most of the problems documented in Sochi this week have had to do with hotels for visiting media members not being finished and problems like no hot water and light bulbs in rooms.

THE CANADIAN PRESS

WOMEN'S SLOPESTYLE

Top 5 results from each Heat

QUALIFYING

(Start position in parentheses)

Heat One

Run One

1. (11) Torah Bright, Australia, 85.25; 2. (4) Spencer O'Brien, Courtenay, B.C., 82.75; 3. (5) Isabel Derungs, Switzerland, 82.50.

Run 2

1. (5) Isabel Derungs, Switzerland, (82.50; 87.50) 87.50; 2. (11) Torah Bright, Australia, (85.25; 80.00) 80.00; 3. (6) Christy Prior, New Zealand, (67.50; 70.50) 70.50.

Also

4. (4) Spencer O'Brien, Courtenay, B.C., (82.75; 65.00) 65.00; 5. (7) Aimee Fuller, Britain, (44.50; 39.00) 39.00.

Heat 2

Run 1

1. (6) Jamie Anderson, United States, 93.50; 2. (2) Anna Gasser, Austria, 89.50; 3. (8) Elena Koenz, Switzerland, 86.25.

Also

5. (4) Jenna Blasman, Kitchener, Ont., 60.25.

Run 2

1. (2) Anna Gasser, Austria, (89.50; 95.50) 95.50; 2. (10) Karly Shorr, United States, (45.00; 84.75) 84.75; 3. (11) Jessica Jensen, United States, (34.00; 58.50) 58.50.

Also

4. (4) Jenna Blasman, Kitchener, Ont., (60.25; 51.50) 51.50; 5. (3) Silje Norendal, Norway, (31.00; 39.00) 39.00.

Final Ranking

1. Anna Gasser, Austria, (89.50; 95.50) 95.50 (QF); 1. Isabel Derungs, Switzerland, (82.50; 87.50) 87.50 (QF); 2. Jamie Anderson, United States, (93.50; 93.50) 93.50 (QF); 2. Torah Bright, Australia, (85.25; 80.00) 85.25 (QF); 3. Elena Koenz, Switzerland, (86.25; 38.00) 86.25 (QF); 3. Spencer O'Brien, Courtenay, B.C., (82.75; 65.00) 82.75 (QF).

Also

6. Jenna Blasman, Kitchener, Ont., (60.25; 51.50) 60.25 (QS).

FREESTYLE SKIING

At Krasnaya Polyana, Russia

WOMEN'S MOGULS QUALIFYING

Run 1

1. Hannah Kearney, United States, 23.05 (Q); 2. Chloe Dufour-Lapointe, Montreal, 22.64 (Q); 3. Justine Dufour-Lapointe, Montreal, 22.28 (Q); 4. Eliza Outtrim, United States, 21.51 (Q); 5. Perrine Laffont, France, 21.34 (Q).

Also

8. Maxime Dufour-Lapointe, Montreal, 20.88 (Q); 9. Audrey Robichaud, Quebec City, 20.61 (Q).

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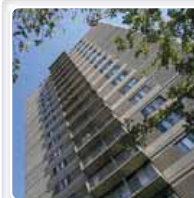


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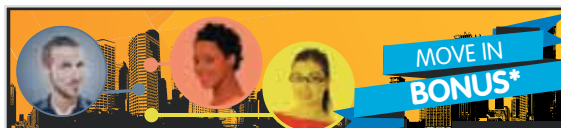
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Horoscopes

Aries

March 21 - April 20

Focus on what you desire more than anything and there is a great chance you will get it. Your mind is a powerful tool. If you use it to make a request, the universe will respond.

Taurus

April 21 - May 21

Do you carry on with a difficult task or do you end it and focus on something a bit easier? Only you can decide but it does seem a bit of a waste to give up on it so soon.

Gemini

May 22 - June 21

The changes you make on the work front over the next few days will have huge effects over the coming months, so think carefully and, if there is any doubt, leave things as they are for the time being.

Cancer

June 22 - July 23

Whatever kind of news you receive over the next 24 hours, you are advised to keep an open mind. A couple of weeks from now, you will have more important issues to deal with. So, don't take what you hear now too seriously.

Leo

July 24 - Aug. 23

You need to make a decision about a partnership or relationship matter. If you don't, the issue will be taken out of your hands and other people will make the decision for you.

Virgo

Aug. 24 - Sept. 23

It's important that you don't let anxieties get the better of you, especially where your health is concerned. You tend to fear the worst for no good reason at this time of year but eventually your fears will fade.

Libra

Sept. 24 - Oct. 23

Put the finishing touches on something creative, something that could bring you the recognition you feel you deserve. Even if it doesn't make you rich and famous, it will still be a job well done.

Scorpio

Oct. 24 - Nov. 22

If you must get involved in a dispute between friends, make sure you are even-handed. If you give the impression that you favour one side more than the other, you will make things worse than if you had left it alone.

Sagittarius

Nov. 23 - Dec. 21

Change is good, change is positive, so whatever else you do today, don't fight the changes that come your way. You were designed by the cosmos try out new things.

Capricorn

Dec. 22 - Jan. 20

If you want something enough, you'll find a way to get it but it may cost you a great deal of time and energy. You have to decide whether the sacrifice is worth it.

Aquarius

Jan. 21 - Feb. 19

You have this feeling that if you don't act quickly, you'll miss out on something big. Maybe you're right, but is it really important? The planets urge you to focus on what you've already begun.

Pisces

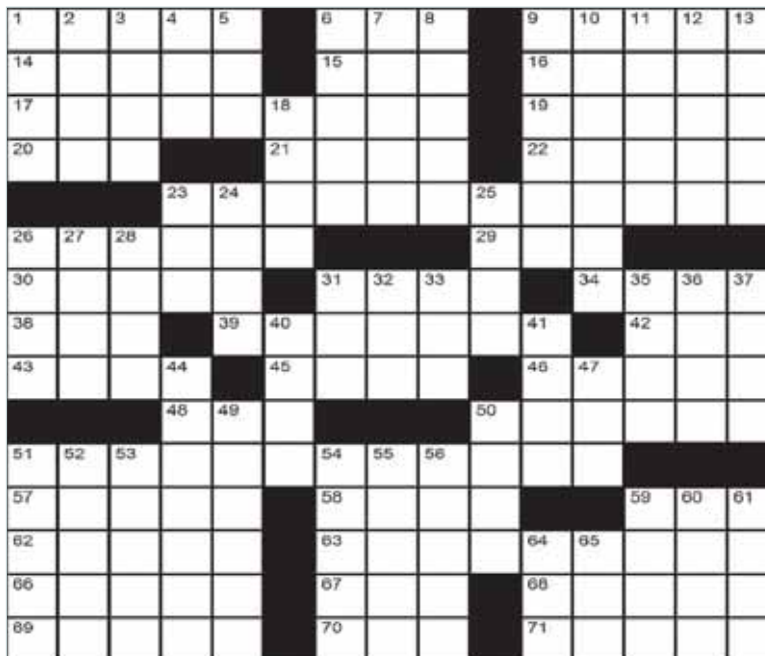
Feb. 20 - March 20

What society tells you is important and what your inner voice tells you is important are likely to be different. You should never go against your instincts. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Anton Chekhov play, Uncle ____
6. The ____-i-Noor Diamond
9. Sedimentary rock
14. 'E' of TSE
15. ____ pro nobis (Pray for us, in Latin)
16. Carpentry joint, mortise and ____
17. "Reach for the Sky (____ Mix)" by Maestro Fresh Wes feat. Classified & Blue Rodeo
19. Grain fungus
20. Consumed
21. "Soap" surname
22. Awaken
23. February 7th, 2014 - Winter Olympics: Canada's flag-bearer at the Opening Ceremony, Hayley ____
26. Stick to
29. 'Opt' suffix
30. Radiance
31. Feudal system land
34. Jennifer of "Pride and Prejudice" (1995)
38. Long period
39. 1957: Russian satellite, ____ 1
42. ____ lamp
43. Field
45. Nullify
46. ____ spot on the team
48. Baking meas.
50. Cadbury treat,



- Crispy ____
51. Russian pianist/composer, b.1873 - d.1943 [var. sp.]
57. Spry
58. Organic compound
59. Discuss
62. Library item
63. St. Petersburg, Russia: The State ____ Museum

66. W. ____ Wilson (Canadian entrepreneur)
67. Hi-____ graphics
68. Jean-____ (Montreal metro station)
69. "Rawhide" role
70. City in Russia, Ulan-____
71. Thespian's home **Down**

1. Singer/songwriter Suzanne
2. Quite often: 2 wds.
3. Egypt's river
4. Greeted, Rocky-style
5. Cash dispenser, commonly
6. Imaging company
7. Pontificate
8. Guitarist, Eddie Van ____

9. "Connected" by ____ MC's
10. Lorde album: "Pure ____"
11. Canadian pollster, Dr. ____ Reid
12. On the lam
13. Insert
18. ____ A Sketch (Retro toy)
23. Obi-____ Kenobi
24. Frosts

25. Sound system sort
26. On the briny
27. Thunder god
28. Prong
31. Playfulness
32. "____ be nice if..."
33. Lanois' U2 co-producer
35. Hey-you're-in-my-way device
36. "The Mod Squad" role, ____ Hayes
37. "In the Valley of ____" (2007)
40. Insect stage
41. Sawing cut
44. Olympics competitor
47. Montreal musician, Melissa ____ der Maur
49. Extracts metal from ore
50. Musicals star Mr. Wilkinson
51. Dated past: 2 wds.
52. Ancient marketplace
53. Spotted cat-like mammal
54. Jacket type
55. Marvin Gaye/Tammi Terrell hit: "You're All ____ to Get By"
56. Scandinavian
59. Bash
60. Worked up
61. Singer, ____ King
64. Possessive pronoun
65. Ink-on-skin pic

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

-2° / -10°

Flurries

40%

Saturday

-4° / -13°

Variable

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